

Cumbria Pharmaceutical Needs Assessment

Appendices

2022

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TERMS OF REFERENCE

1. Name of Group	Cumbria Pharmaceutical Needs Assessment Steering Group
2. Connectivity (this group reports to:)	Health and Wellbeing Board
Committees / individuals reporting to this group	None
3. Chair	Performance & Intelligence Team Manager – Cumbria County Council
Vice Chair	
4. Members of Group	<ul style="list-style-type: none"> • Performance & Intelligence team, CCC • Public Health, CCC • Communications, CCC • Local Pharmaceutical Committee • Local Medical Committee (Dispensing GPs) • Healthwatch • NHS England and NHS Improvement • North Cumbria CCG • Morecambe Bay CCG • Integrated Care System(s) <p>Others co-opted as required by the needs of the project.</p>

5. Function of the Group (Terms of Reference)

- Advise and develop structures and processes to support the preparation of the pharmaceutical needs assessment;
- To produce a Pharmaceutical Needs Assessment for the Cumbria Health and Wellbeing Board that fulfils the statutory requirement;
- To identify and report any risks to the Health and Wellbeing Board that might jeopardise the production of PNA.

6. Quorum

7. Review date for ToR

8. Frequency of Meetings

9. Other Matters

Appendix 2: Community Pharmacy Services

Unique ID [PNA Code]	Trading Name	Address	Town	New Medicine Service (NMS)	Appliance Use Reviews (AUR)	Stoma Customisation (STOMA)	Community Pharmacist Consultation Service (CPCS)	Hepatitis C Antibody Testing Service	Discharge Medicine Service	Covid Vaccination Service	Lateral flow device	Emergency Hormonal Contraception	STI Prescription Voucher	Stop Smoking Service	Palliative Care Service	Gluten Free	Minor Ailment	Needle and Syringe Programme	Seasonal Influenza Vaccination	Opiate Substitution Treatment - supervised administration
P3	Alston Pharmacy	Front Street	Alston	Y		Y			Y		Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
P82	Boots	Units 8-9, Market Cross	Ambleside	Y		Y			Y		Y	Y	Y	Y	Y		Y		Y	Y
P106	Thomas Bell Chemists	Lake Road	Ambleside	Y		Y			Y	Y		Y	Y	Y					Y	
P18	Boots UK Limited	11 Boroughgate	Appleby	Y		Y			Y		Y	Y	Y	Y	Y	Y	Y		Y	Y
P79	Rowlands Pharmacy	38 The Promenade	Arnside	Y	Y	Y			Y			Y	Y	Y				Y		
P19	Boots UK Limited	West Street Health Centre, West Street	Aspatria	Y		Y			Y		Y	Y	Y	Y	Y	Y	Y		Y	Y
P64	Asda Pharmacy	Walney Road	Barrow in Furness	Y		Y			Y		Y		Y		Y		Y		Y	Y
P66	Cohens Chemist	62 Rawlinson Street	Barrow in Furness	Y		Y			Y		Y	Y	Y				Y		Y	Y
P68	Cohens Chemist	56 Settle Street	Barrow in Furness	Y		Y			Y			Y	Y	Y			Y		Y	
P70	Cohens Chemist	68 Dalton Road	Barrow in Furness	Y		Y			Y		Y	Y	Y	Y			Y		Y	
P75	Cohens Chemist	Friars Lane	Barrow in Furness	Y		Y			Y			Y	Y	Y			Y		Y	
P81	Cohens Chemist	Community Centre, Central Drive, Walney Island	Barrow in Furness	Y	Y	Y			Y		Y	Y	Y				Y		Y	Y
P83	Cohens Chemist	3 Anchor Road	Barrow in Furness	Y		Y			Y			Y	Y	Y			Y	Y	Y	Y
P84	Cohens Chemist	44 Middlefield, Ormsgill	Barrow in Furness	Y		Y			Y			Y	Y	Y			Y	Y	Y	Y
P88	Cohens Chemist	36 Dalton Road	Barrow in Furness	Y		Y			Y			Y	Y	Y			Y	Y	Y	
P92	Boots	Alfred Barrow Health Centre, Duke Street	Barrow in Furness	Y		Y			Y		Y	Y	Y				Y		Y	
P95	Boots	8-10 Risedale Road	Barrow in Furness	Y		Y			Y			Y	Y	Y			Y		Y	Y
P96	Coward Pharmacy	52 Hartington Street	Barrow in Furness	Y		Y			Y		Y	Y	Y				Y		Y	
P98	Boots	15-17 Portland Walk	Barrow in Furness	Y		Y			Y		Y	Y	Y	Y	Y		Y		Y	Y
P99	Cohens Chemist	Ainslie Street	Barrow in Furness	Y		Y			Y			Y	Y	Y			Y	Y	Y	Y
P100	Tesco Instore Pharmacy	Corner House Park, Hindpool Road	Barrow in Furness	Y		Y			Y		Y		Y							
P30	Brampton Pharmacy	Market Street	Brampton	Y		Y	Y		Y		Y	Y	Y	Y		Y	Y		Y	
P4	Asda Pharmacy	Chandler Way	Carlisle			Y			Y		Y	Y	Y	Y	Y	Y	Y		Y	
P6	Well	29 Stonegarth	Carlisle	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	Y
P7	Well	The Surgery, Port Road	Carlisle	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	Y
P9	Well	North Carlisle Medical Centre, Eden Street	Carlisle	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	
P10	Well	Fusehill Medical Centre, Fusehill Street	Carlisle	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	Y
P11	Well	28 Blackwell Road	Carlisle	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	Y
P12	Well	59 Orton Road	Carlisle	Y		Y			Y		Y	Y	Y	Y	Y		Y	Y	Y	
P13	Well	55 Wigton Road	Carlisle	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	Y
P14	Well	139 Denton Street	Carlisle	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	Y
P20	Boots UK Limited	6 Petteril Bank Road	Carlisle	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	Y
P21	Boots UK Limited	43-49 English Street	Carlisle	Y		Y			Y	Y		Y	Y	Y			Y	Y	Y	Y
P31	Dalston Pharmacy	6-8 Bank Street	Carlisle	Y	Y	Y			Y		Y	Y	Y	Y			Y	Y	Y	
P32	Dalston Pharmacy	Arnside House, Sycamore Lane, Parklands Village	Carlisle	Y	Y	Y			Y		Y	Y	Y	Y			Y	Y	Y	
P34	Dalston Pharmacy	7 Central Avenue	Carlisle	Y	Y	Y	Y		Y		Y	Y	Y	Y			Y	Y	Y	Y
P45	Lloyds Pharmacy	76 Warwick Road	Carlisle	Y	Y	Y	Y		Y		Y	Y	Y	Y			Y	Y	Y	
P46	Lloydspharmacy	Church Street, Sainsbury's	Carlisle	Y		Y			Y		Y	Y	Y	Y	Y		Y	Y	Y	Y
P50	Superdrug Pharmacy	Unit 1, Grapes Lane	Carlisle						Y		Y	Y	Y	Y			Y	Y	Y	

Appendix 2: Community Pharmacy Services

Unique ID [PNA Code]	Trading Name	Address	Town	New Medicine Service (NMS)	Appliance Use Reviews (AUR)	Stoma Customisation (STOMA)	Community Pharmacist Consultation Service (CPCS)	Hepatitis C Antibody Testing Service	Discharge Medicine Service	Covid Vaccination Service	Lateral flow device	Emergency Hormonal Contraception	STI Prescription Voucher	Stop Smoking Service	Palliative Care Service	Gluten Free	Minor Ailment	Needle and Syringe Programme	Seasonal Influenza Vaccination	Opiate Substitution Treatment - supervised administration
P51	Tesco Stores	Warwick Road	Carlisle	Y		Y			Y		Y	Y	Y	Y	Y	Y	Y	Y	Y	
P103	Silverdale Pharmacy	18 Emesgate Lane, Silverdale	Carnforth						Y				Y	Y			Y		Y	
P37	Cohens Chemist	Cleator Moor Health Centre, Birks Road	Cleator Moor	Y		Y			Y		Y	Y	Y	Y		Y	Y	Y	Y	Y
P22	Boots UK Limited	56-58 Main Street	Cockermouth	Y					Y		Y	Y	Y	Y		Y	Y	Y	Y	Y
P41	J W W Allison And Sons Limited	31 Main Street	Cockermouth	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	
P54	Castlegate Pharmacy	Cockermouth Community Hospital and Health Centre, Isel Road	Cockermouth	Y		Y			Y		Y	Y	Y	Y	Y	Y	Y	Y	Y	
P33	Dalston Pharmacy	2 Vicars Cottages, The Square	Dalston	Y	Y	Y	Y	Y	Y		Y	Y	Y	Y	Y	Y	Y		Y	
P71	Lloyds Pharmacy	75-77 Market Street	Dalton in Furness	Y	Y	Y			Y			Y	Y	Y			Y		Y	Y
P23	Boots UK Limited	67-68 Main Street	Egremont	Y		Y			Y		Y		Y			Y	Y		Y	
P38	Cohens Chemist	31 Market Place	Egremont	Y		Y			Y		Y	Y	Y	Y		Y	Y	Y	Y	Y
P65	The Flookburgh Pharmacy	1 Market Street	Flookburgh	Y		Y			Y		Y	Y	Y	Y			Y		Y	
P24	Boots UK Limited	6 Main Street	Frizington	Y		Y			Y		Y	Y	Y	Y		Y	Y	Y	Y	Y
P63	Well Pharmacy	Kents Bank Road	Grange Over Sands	Y		Y			Y			Y	Y	Y			Y		Y	Y
P87	Well Pharmacy	Grange Health Centre	Grange Over Sands	Y		Y			Y			Y	Y	Y	Y		Y		Y	
P90	Grasmere Pharmacy	1 Oakbank, Broadgate	Grasmere	Y		Y			Y		Y	Y	Y	Y			Y		Y	
P76	The Pharmacy	Main Street	Hawkshead	Y		Y					Y	Y	Y	Y	Y		Y		Y	
P73	Boots	Unit 10, 66 Stricklandgate, Elephant Yard	Kendal	Y	Y	Y			Y		Y	Y	Y	Y			Y		Y	Y
P74	Gillinggate Pharmacy	Captain French Surgery, Old John Boste Club, Gillinggate	Kendal	Y					Y			Y	Y	Y			Y		Y	Y
P77	Well Pharmacy	132 Highgate	Kendal	Y		Y			Y			Y	Y	Y			Y		Y	
P89	Asda Pharmacy	Burton Road	Kendal	Y		Y			Y			Y	Y	Y	Y		Y		Y	Y
P94	Well Pharmacy	2 Maude Street	Kendal	Y		Y			Y			Y	Y	Y			Y	Y	Y	Y
P101	Well Pharmacy	Helme Chase Surgery, Burton Road	Kendal	Y	Y	Y			Y		Y	Y	Y	Y	Y		Y		Y	Y
P25	Boots UK Limited	31 Main Street	Keswick	Y		Y			Y		Y	Y	Y	Y	Y	Y	Y		Y	
P39	Cohens Chemist	15-17 Station Street	Keswick	Y		Y			Y			Y	Y	Y			Y		Y	
P93	Boots	2 & 4 Market Square	Kirkby Lonsdale	Y	Y	Y			Y		Y	Y	Y						Y	
P53	The Green Tree Pharmacy Ltd	6-8 Market Street	Kirkby Stephen	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	
P26	Boots UK Limited	16 English Street	Longtown	Y	Y	Y	Y	Y	Y		Y	Y	Y	Y		Y	Y		Y	Y
P1	A F Norman	55 Senhouse Street	Maryport	Y		Y			Y		Y	Y	Y	Y		Y	Y	Y	Y	Y
P2	Alneburgh Pharmacy Limited	Alneburgh House, Ewanrigg Road	Maryport	Y		Y			Y		Y	Y	Y	Y			Y		Y	
P40	H S Dobie Chemist	29 Curzon Street	Maryport									Y	Y	Y		Y	Y		Y	Y
P85	Boots	48/52 Wellington Street	Millom	Y		Y			Y			Y	Y	Y	Y		Y		Y	Y
P102	Rowlands Pharmacy	43 Wellington Street	Millom	Y	Y	Y			Y			Y	Y	Y			Y	Y	Y	Y
P72	Rowlands Pharmacy	1 Haverflatts Lane	Milnthorpe	Y	Y	Y			Y			Y	Y	Y			Y		Y	
P56	Mirehouse Pharmacy	59 Meadow Road	Mirehouse	Y		Y	Y	Y	Y		Y	Y	Y	Y		Y	Y	Y	Y	Y
P17	Well	The Health Centre, Bridge Lane	Penrith	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	
P27	Boots UK Limited	Unit 3, Angel Square	Penrith	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	Y
P44	Joseph Cowper Ltd	49-50 King Street	Penrith			Y			Y		Y	Y	Y	Y		Y	Y	Y	Y	
P47	Lloydspharmacy	1 Common Gardens Square	Penrith	Y		Y			Y		Y	Y	Y	Y	Y	Y	Y		Y	Y
P61	Morrisons Pharmacy	Brunswick Road	Penrith	Y		Y	Y	Y	Y		Y	Y	Y	Y	Y	Y	Y		Y	Y

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Unique ID [PNA Code]	Trading Name	Address	Town	New Medicine Service (NMS)	Appliance Use Reviews (AUR)	Stoma Customisation (STOMA)	Community Pharmacist Consultation Service (CPCS)	Hepatitis C Antibody Testing Service	Discharge Medicine Service	Covid Vaccination Service	Lateral flow device	Emergency Hormonal Contraception	STI Prescription Voucher	Stop Smoking Service	Palliative Care Service	Gluten Free	Minor Ailment	Needle and Syringe Programme	Seasonal Influenza Vaccination	Opiate Substitution Treatment - supervised administration
P49	Seascale Pharmacy	Gosforth Road	Seascale	Y		Y			Y		Y	Y	Y	Y		Y	Y	Y	Y	Y
P57	Seaton Pharmacy	91 Main Road	Seaton	Y		Y		Y	Y		Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
P105	Boots	48-50 Main Street	Sedbergh	Y		Y			Y		Y	Y	Y	Y			Y		Y	
P15	Well	1-3 Station Road	Silloth	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	Y
P69	Staveley Pharmacy	The Pharmacy, 6 Main Street	Staveley	Y	Y	Y			Y		Y	Y	Y	Y			Y		Y	
P78	Cohens Chemist	Ulverston Health Centre, Stanley Street	Ulverston	Y		Y			Y		Y	Y	Y	Y			Y		Y	
P86	Boots	32/34 Market Street	Ulverston	Y		Y			Y		Y	Y	Y				Y		Y	Y
P97	Cohens Chemist	10 Market Place	Ulverston	Y		Y			Y		Y	Y	Y				Y		Y	
P52	Tesco Pharmacy Ltd	Bransty Row, North Shore	Whitehaven	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	
P62	Morrisons Pharmacy	Flatt Walks	Whitehaven	Y		Y			Y		Y	Y	Y	Y	Y		Y		Y	Y
P28	Boots UK Limited	26 King Street	Whitehaven	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	Y
P58	Seacliffe Pharmacy	High Road, Kells	Whitehaven	Y		Y	Y	Y	Y	Y	Y	Y	Y	Y		Y	Y	Y	Y	Y
P59	W. Fare Limited	71-73 Market Place	Whitehaven	Y		Y			Y		Y	Y	Y			Y	Y		Y	Y
P60	Whitehaven Late Night Pharmacy	Unit 1, Lowther Buildings, Lowther Street	Whitehaven	Y		Y			Y		Y	Y	Y	Y	Y		Y		Y	Y
P8	Well	14 King Street	Wigton	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	Y
P16	Well	Wigton Medical Centre, Southend	Wigton	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	Y
P80	Boots	10-12 Crescent Road	Windermere	Y	Y	Y			Y		Y	Y	Y	Y			Y		Y	
P91	Windermere Community Pharmacy	16 Crescent Road	Windermere	Y		Y			Y		Y	Y	Y	Y	Y		Y	Y	Y	
P104	Windermere Health Centre Pharmacy	Windermere Health Centre, Goodley Dale	Windermere	Y		Y			Y		Y	Y	Y	Y			Y	Y	Y	
P5	Asda Pharmacy	Dunmail Shopping Centre	Workington	Y		Y			Y		Y	Y	Y	Y	Y	Y	Y		Y	Y
P29	Boots UK Limited	29 Murray Road	Workington	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	Y
P35	Harrington Pharmacy	25 Church Road, Harrington	Workington	Y		Y			Y		Y	Y	Y	Y		Y	Y		Y	Y
P36	F C Whelan Chemists	72 John Street	Workington	Y		Y			Y		Y	Y	Y			Y	Y		Y	Y
P42	J H Sandham Chemist	64-66 Harrington Road	Workington			Y			Y		Y	Y	Y	Y			Y	Y	Y	
P43	W Gourlay Pharmacy	25-27 Oxford Street	Workington			Y			Y		Y	Y	Y	Y		Y	Y		Y	
P48	Moorclose Pharmacy	Unit 6 Moorclose Roundabout, 138 Westfield Drive	Workington	Y		Y			Y		Y	Y	Y			Y	Y		Y	Y
P55	Tuschem Ltd	Workington Community Hospital, Park Lane	Workington			Y			Y		Y	Y	Y	Y		Y	Y		Y	

Appendix 3: Dispensing Practice Opening Times. *[Opening Times may vary]*

Unique ID	Practice	Address 1	Address 2	Postcode	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
D1	Alston Medical Practice	The Surgery, Ruth Lancaster James Hospital	Alston	CA9 3QX	08:00 - 18:30	08:00 - 16:30	08:00 - 18:30	08:00 - 16:30	08:00 - 18:30	Closed	Closed
D31	Duddon Valley Medical Practice - Askam Surgery	2 Parklands Drive	Askam-in-Furness	LA16 7JP	08:00 - 18:00	08:00 - 18:00	Closed	08:00 - 18:00	08:00 - 18:00	Closed	Closed
D2	Brampton Medical Practice - Brampton Surgery	4 Market Place	Brampton	CA8 1NL	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 10:45	Closed
D32	Duddon Valley Medical Practice - Broughton Surgery	Foxfield Road	Broughton-in-Furness	LA20 6EZ	08:00 - 18:00	08:00 - 18:00	Closed	08:00 - 18:00	08:00 - 18:00	Closed	Closed
D3	Brampton Medical Practice - Corby Hill Surgery <i>[collect but not dispense]</i>	Beech House, Corby Hill	Carlisle	CA4 8PL	08:00 - 13:00; 14:00 - 18:30	08:00 - 13:00; 14:00 - 17:30	08:30 - 13:00	08:30 - 13:00; 13:30 - 16:30	08:30 - 13:00; 14:00 - 17:30	Closed	Closed
D4	Brampton Medical Practice - Wetheral Surgery	Yew Tree Cottage, Wetheral	Carlisle	CA4 8JD	08:00 - 13:00; 14:00 - 18:30	08:00 - 13:00; 14:00 - 17:30	08:30 - 13:00	08:30 - 13:00	08:30 - 13:00; 14:00 - 18:30	Closed	Closed
D27	Court Thorn Surgery	Low Hesket	Carlisle	CA4 0HP	08:15 - 18:00	08:15 - 18:00	08:15 - 12:00; 12:45 - 18:00	08:15 - 18:00	08:15 - 18:00	Closed	Closed
D9	Castlegate and Derwent Surgery	Community Hospital, 1 Isel Road	Cockermouth	CA13 9HT	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	Closed	Closed
D24	Wraysdale House Surgery	Wraysdale House	Coniston	LA21 8ER	08:00 - 18:30	08:00 - 18:30	08:00 - 13:00	08:00 - 18:30	08:00 - 18:30	Closed	Closed
D10	Dalston Medical Group - The Surgery	3 Glave Hill, Townhead Road	Dalston, Carlisle	CA5 7PZ	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	Closed	Closed
D28	Cartmel Surgery	Haggs Lane, Cartmel	Grange-over-Sands	LA11 6PH	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	Closed	Closed
D14	The James Cochrane Practice - Helme Chase Surgery	Burton Road	Kendal	LA9 7HR	08:00 - 19:30	08:00 - 19:30	08:00 - 19:30	08:00 - 19:30	08:00 - 19:30	Closed	Closed
D15	Station House Surgery	Station Road	Kendal	LA9 6SA	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	Closed	Closed
D16	Castlehead Medical Centre	Ambleside Road	Keswick	CA12 4DB	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	Closed	Closed
D18	Lunesdale Surgery	Wellington Court	Kirkby Lonsdale	LA6 2HQ	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	Closed	Closed
D5	Upper Eden Medical Practice - Kirkby Stephen Health Centre	Silver Street	Kirkby Stephen	CA17 4RB	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	Closed	Closed
D6	Upper Eden Medical Practice - Brough Medical Centre	Main Street, Brough	Kirkby Stephen	CA17 4AY	08:30 - 18:30	Closed	08:30 - 18:30	Closed	Closed	Closed	Closed

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Unique ID	Practice	Address 1	Address 2	Postcode	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
D30	Duddon Valley Medical Practice	Askew Gate	Kirkby-in-Furness	LA17 7TE	08:00 - 18:00	08:00 - 18:00	08:00 - 18:00	Closed	08:00 - 18:00	Closed	Closed
D33	Bentham Medical Practice	Grasmere Drive, High Bentham	Lancaster	LA2 7JP	08:30 - 11:30; 15:30 - 18:00	08:30 - 11:30; 15:30 - 18:00	08:30 - 11:30; 15:30 - 18:00	08:30 - 11:30; 15:30 - 18:00	08:30 - 11:30; 15:30 - 18:00	Closed	Closed
D13	Seascale Health Centre - Bootle Surgery	Chapel Lane, Bootle	Millom	LA19 5UE	09:00 - 12:30	09:00 - 12:30	09:00 - 12:30	09:00 - 12:00	Closed	Closed	Closed
D34	Stoneleigh Surgery	Police Square	Milnthorpe	LA7 7PW	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	Closed	Closed
D7	Upper Eden Medical Practice - Tebay Surgery	Church Street, Tebay	Penrith	CA10 3SP	Closed	09:00 - 12:00	Closed	15:00 - 18:30	Closed	Closed	Closed
D25	Kirkoswald Surgery	Ravenghyll, Kirkoswald	Penrith	CA10 1DQ	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	Closed	Closed
D26	Glenridding Health Centre	Greenside Road, Glenridding	Penrith	CA11 0PD	08:30 - 11:30; 14:30 - 17:30	08:30 - 11:30; 14:00 - 17:00	08:30 - 11:30	08:30 - 11:30; 14:00 - 17:00	08:30 - 11:30; 14:30 - 17:30	Closed	Closed
D12	Seascale Health Centre	Gosforth Road	Seascale	CA20 1PN	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	Closed	Closed
D23	Sedbergh Medical Centre	Station Road	Sedbergh	LA10 5DL	08:15 - 18:30	08:15 - 18:30	08:15 - 18:30	08:15 - 18:30	08:15 - 18:30	AM only	Closed
D19	Shap Medical Practice	Peggy Nut Croft	Shap	CA10 3LW	08:30 - 1:30; 15:30 - 18:30	08:30 - 1:30; 15:30 - 18:30	08:30 - 1:30; 15:30 - 18:30	09:00 - 13:00	08:30 - 1:30; 15:30 - 18:30	Closed	Closed
D20	Temple Sowerby Medical Practice	Linden Park	Temple Sowerby	CA10 1RW	08:30 - 1:00; 13:30 - 18:30	08:30 - 1:00; 13:30 - 18:30	08:30 - 1:00; 13:30 - 18:30	08:30 - 1:00; 13:30 - 18:30	08:30 - 1:00; 13:30 - 18:30	Closed	Closed
D29	Haverthwaite Surgery	Backbarrow	Ulverston	LA12 8QF	08:00 - 18:30	08:00 - 19:15	08:00 - 18:30	08:00 - 19:15	08:00 - 18:30	Closed	Closed
D8	Caldbeck Surgery	Friar Row, Caldbeck	Wigton	CA7 8DS	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	Closed	Closed
D17	The Croft Surgery - Kirkbride Medical Centre	The Croft, Kirkbride	Wigton	CA7 5JH	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	Closed	Closed
D22	St. Mary's Surgery	Applethwaite	Windermere	LA23 1BA	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	Closed	Closed

Appendix 3: Dispensing Practice Opening Times. *[Opening Times may vary]*

Unique ID	Practice	Address 1	Address 2	Postcode	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
D11	Distington Surgery	Hinnings Road, Distington	Workington	CA14 5UR	09:00 - 13:00; 14:00 - 18:00	09:00 - 13:00; 14:00 - 18:00	09:00 - 13:00; 14:00 - 18:00	09:00 - 13:00	09:00 - 13:00; 14:00 - 18:00	Closed	Closed
D21	James Street Group Practice	James Street	Workington	CA14 2DL	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	08:00 - 18:30	Closed	Closed

Other Relevant Services

The following pharmaceutical services have been considered as other relevant services:

- **North Cumbria Integrated Care NHS Foundation Trust** provides an inpatient and outpatient pharmacy dispensing service to patients and Cumbria's population from three locations: Cumberland Infirmary, Carlisle; West Cumberland Hospital, Whitehaven; and Carleton Clinic, Carlisle. The hospital trust pharmacy also supplies medicines to North Cumbria's community hospitals and community clinics; Cumbria Health On Call (GP Out of hours service); Cumbria Northumberland, Tyne & Wear Trust; and Eden Valley Hospice.
- **University Hospital of Morecambe Bay NHS Foundation Trust** provides an inpatient and out-patient pharmacy dispensing service to patients and Cumbria's population from two locations in Cumbria: Furness General Hospital, Barrow-in-Furness; and Westmorland General Hospital, Kendal. The Trust has a hospital located outside of Cumbria in Lancaster (The Royal Lancaster Infirmary). The hospital trust pharmacy also supplies medicines to South Cumbria (and the rest of Morecambe Bay CCG) community hospitals and community clinics; Cumbria Health On Call (GP out of hours service); Lancashire and South Cumbria NHS Foundation Trust; and the NHS Treatment Centre, Kendal.
- **Cumbria, Northumberland, Tyne & Wear Trust** provides a range of mental health, learning disability and neurological care services across the north of England including North Cumbria CCG South Cumbria (part of Morecambe Bay CCG).
- **Lancashire & South Cumbria NHS Foundation Trust** provides health and wellbeing services including community nursing, health visiting and a range of therapy services; wellbeing services include smoking cessation and healthy lifestyle services. The Trust specialises in mental health services including for children and young people and people with learning disabilities.

North Cumbria CCG (and Morecambe Bay CCG) commissions North of England and Lancashire Commissioning Support Units to provide:

- Wound management supply service from Community Services clinics
- Medication supply on Patient Group Direction from Minor Injuries Units and in HMP Haverigg
- Prescribing advice to GPs
- Medication reviews for specific groups identified by the practices (may include Care home patients)
- Clinical pharmacy service to community hospitals
- Pharmacist supplementary and independent prescribing clinics
- Language Access Service

Cumbria Health on Call (CHOC) provides out of hours care and medication supply.

Cumbria County Council Public Health are responsible for commissioning a range of services including:

- Supervised Consumption;
- Needle and Syringe Programme;

Appendix 4: Other Relevant Services

- Emergency Hormone Control (EHC) and Contraceptive Services;
- Sexual Health Screening;
- Stop Smoking services;
- Chlamydia testing and Treatment;
- Weight Management;
- Alcohol Screening and Brief Interventions.

Lloyds Pharmacy (Dalton-in-Furness) provides dispensing services to HM Prison, Haverigg, Millom.

Cohen's Chemist (Ulverston) provides dispensing services to St Mary's Hospice, Ulverston.

Sexual Health and Contraception Clinics

North Cumbria Integrated Care NHS Foundation Trust provide a Cumbria Sexual Health Service across the whole county. The service provides advice and support on a range of sexual health issues; testing and treatment for sexually transmitted infections (STIs); and free contraception including emergency contraception. There are clinics in Carlisle, Whitehaven, Workington, Kendal and Barrow, all offering late night clinics. The service also provides an outreach service supporting schools, colleges and prisons.

ALLERDALE

Derwent Clinic

Workington Community Hospital, Park Lane, Workington, CA14 2RW

Tel: 01228 608989

Appointments only.

Clinic opening times:

Monday 9.30am – 16.30pm

Tuesday 12.00pm – 19.00pm

Friday 9.30am – 16.30pm

BARROW-IN-FURNESS

Birchwood Clinic

Furness General Hospital

Barrow-in-Furness, LA14 4LF

Tel: 01228 608989

Appointments only.

Clinic opening times:

Tuesday 12.00pm – 19.00pm

Thursday 9.30am – 16.30pm

Friday 9.30am – 16.30pm

CARLISLE

Solway Clinic

Hilltop Heights, London Road, Carlisle, CA1 2NS

Tel: 01228 608989

Appointments only.

Clinic opening times:

Monday, Tuesday & Wednesday 9.30am – 16.30pm

Thursday 12.00pm – 19.00pm

Friday 9.30am – 13.30pm

Appendix 4: Other Relevant Services

COPELAND

Flatts Walk Health Centre

3 Castle Meadows, Whitehaven, CA28 7QE

Tel: 01228 608989

Appointments only.

Clinic opening times:

Wednesday 9.30am – 16.30pm

Thursday 12.00pm – 19.00pm

EDEN

Sexual Health Penrith Hospital (Chlamydia screening under 25s)

Bridge Lane, Penrith, CA11 8HW

Tel: 01228 608989

Appointments only.

Clinic opening times:

Call 01228 608 989 for opening times and appointments.

SOUTH LAKELAND

Kentwood Clinic

Gillinggate Centre, Kendal, LA9 4JE

Tel: 01228 608989

Appointments only.

Clinic opening times:

Monday 12.00pm – 19.00pm

Wednesday 9.30am – 16.30pm

Stakeholder List

Organisation

- The Local Pharmaceutical Committee
- The Local Medical Committee
- Pharmacies (and Dispensing Appliance Contractors) on the pharmaceutical list for the Health and Wellbeing Board area
- Dispensing Doctors on the dispensing doctor list in Health and Wellbeing Board area
- Any pharmacy contractor that holds a local pharmaceutical services contract with premises that are in the Health and Wellbeing Board area
- Healthwatch Cumbria
- Cumbria Council for Voluntary Service
- NHS Trusts and NHS Foundation Trusts in the Health and Wellbeing Board area:
 - North Cumbria Integrated Care NHS Foundation Trust
 - University Hospital of Morecambe Bay NHS Foundation Trust
 - North West Ambulance Service NHS Trust
 - Cumbria, Northumberland, Tyne & Wear Trust
 - Lancashire and South Cumbria NHS Foundation Trust
- Morecambe Bay Clinical Commissioning Group
- North Cumbria Clinical Commissioning Group
- Neighbouring Health and Wellbeing Boards:
 - Durham Health and Wellbeing Board
 - Lancashire Health and Wellbeing Board
 - North Yorkshire Health and Wellbeing Board
 - Northumberland Health and Wellbeing Board
- Dumfries and Galloway NHS board
- NHS England and NHS Improvement
- Integrated Care Board and Integrated Care Partnership for the Health and Wellbeing Board area.

1. PUBLIC SURVEY

Background/Method

As part of the development of the draft Pharmaceutical Needs Assessment (PNA) a public survey was carried out. The consultation ran from the 14th of January 2022 to the 11th of February 2022. The survey was conducted online using Cumbria County Council’s dedicated website.

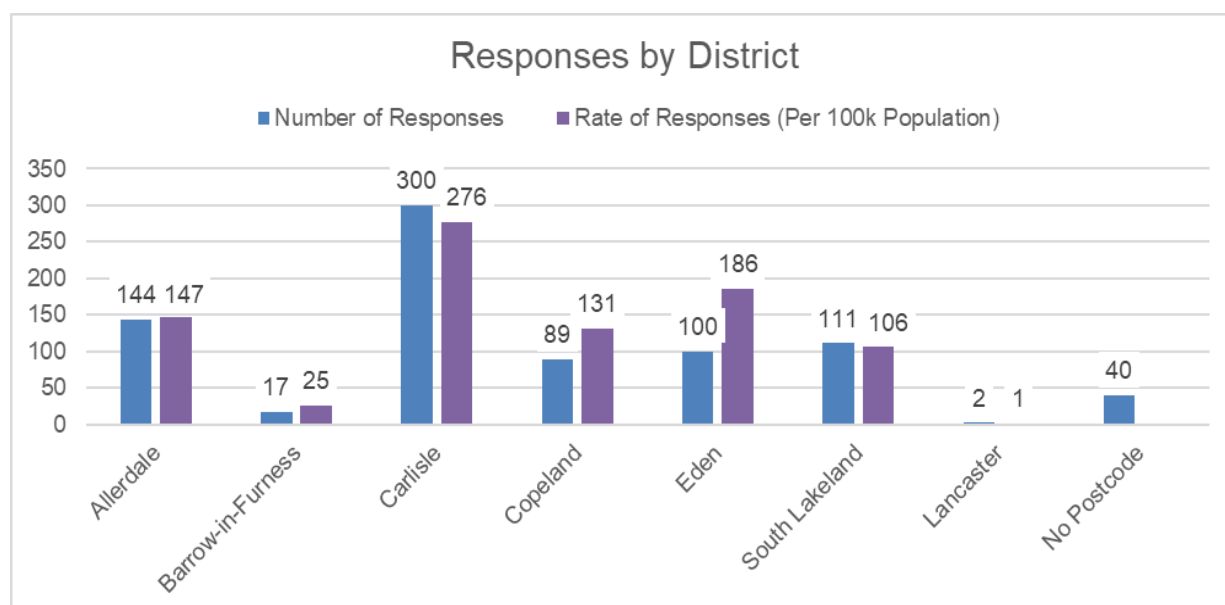
803 responses to the public survey were received. This report only summarises the responses provided by respondents regarding the services provided by their pharmacy. No attempt has been made to cross reference respondent’s opinions or perceptions against the actual services commissioned or available via their pharmacy.

Due to rounding some percentage totals in tables and charts may not add up to 100.

Geographical Profile

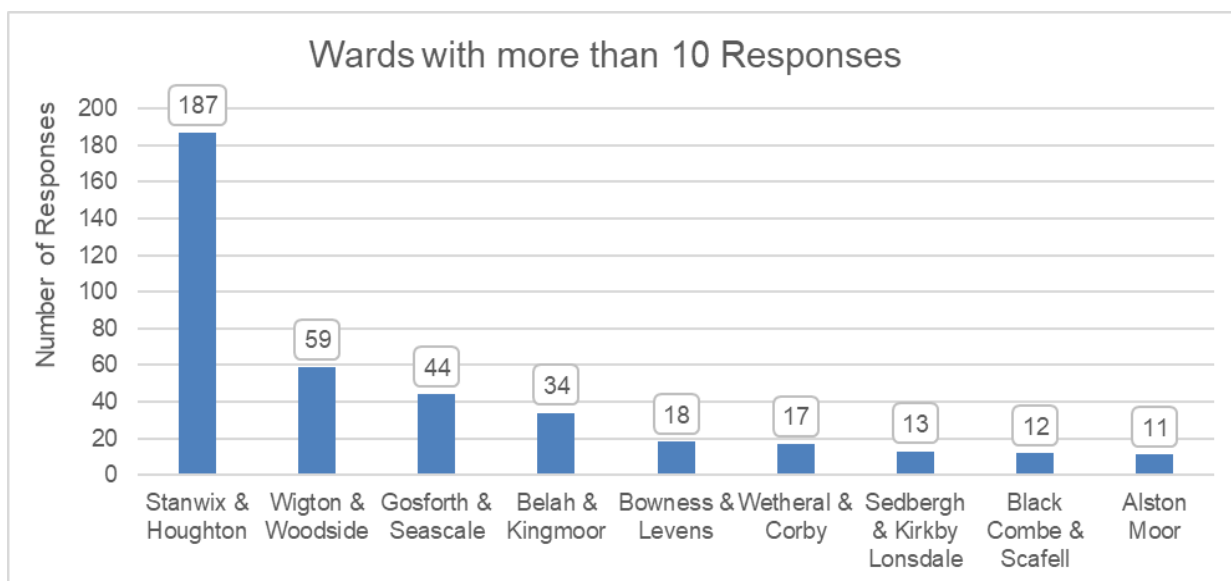
At district level, Carlisle accounted for both the greatest number and rate of responses (300 responses = 276 responses per 100k population). Inversely, Barrow-in-Furness accounted for the smallest number and rate of responses (17 responses = 25 responses per 100k population). Two responses were received from outside of Cumbria’s boundary, both coming from Lancaster. District level analysis has not been provided for Lancaster due to the small number of responses.

Figure x: Respondents by District (base=803)



At ward level, Stanwix & Houghton ward accounted for by far the greatest number of responses (187 responses = 23% all responses). There were 10 wards with more than 10 responses, these wards are identified in figure x.

Figure x: Respondents by Ward: Wards with more than 10 Responses (base=803)

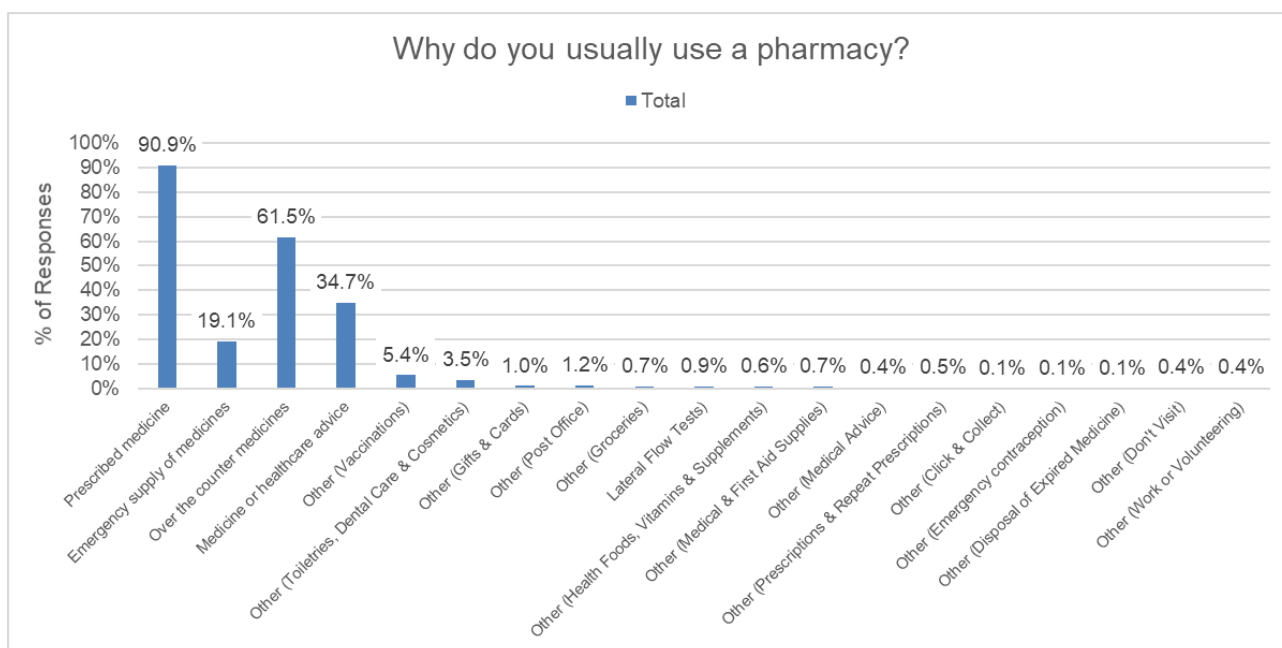


Results

Q1. Why do you usually use a pharmacy? (Tick all that apply)

The most common pharmacy use given by respondents was ‘prescription medicine’ (given by 91% of respondents), followed by ‘over the counter medicines (62%) and ‘medicine or healthcare advice (35%). These responses were the top three responses given in all six of Cumbria’s districts, with prescription medicine being the most common response in every district except Copeland. In Copeland the most common response was over the counter medicine.

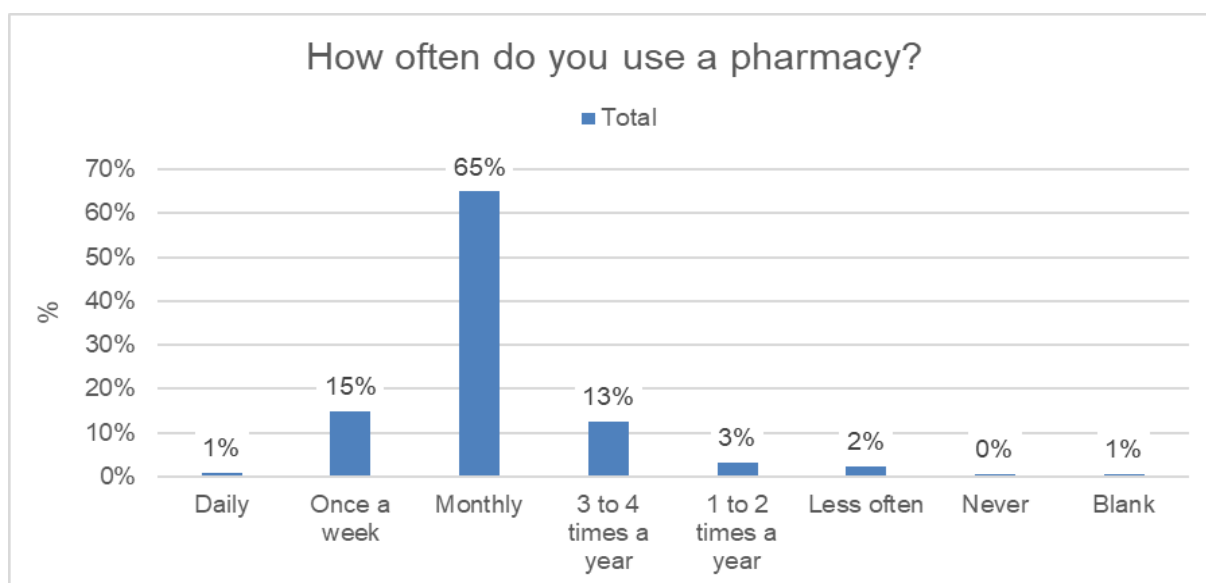
Figure x: Why do you usually use a pharmacy?: Base 803:



Q2. How often do you use a pharmacy?

The most common frequency of use given was 'monthly' (65% of respondents), followed by 'once a month' (15%) and '3 to 4 times per year' (13%). These responses were the top three responses given in all six of Cumbria's districts, with monthly being the most common response in every district.

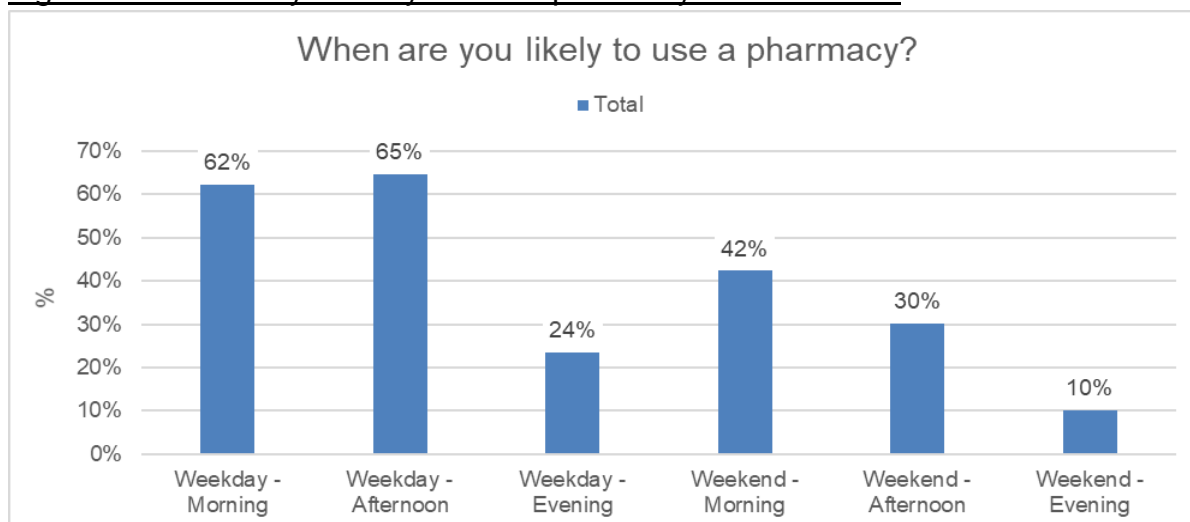
Figure x: How often do you use a pharmacy?: Base = 803:



Q3. When are you likely to use a pharmacy? (Tick all that apply)

The most common time to use a pharmacy was 'weekday afternoon' (65% of respondents), followed by 'weekday morning' (62%) and 'weekend morning' (42%). These responses were the top three responses given in all six of Cumbria's districts except Barrow-in-Furness, where 'weekend afternoon' was the third most common response. Furthermore, weekday afternoon was the most common response in every district except Eden, where weekday morning was the most common response.

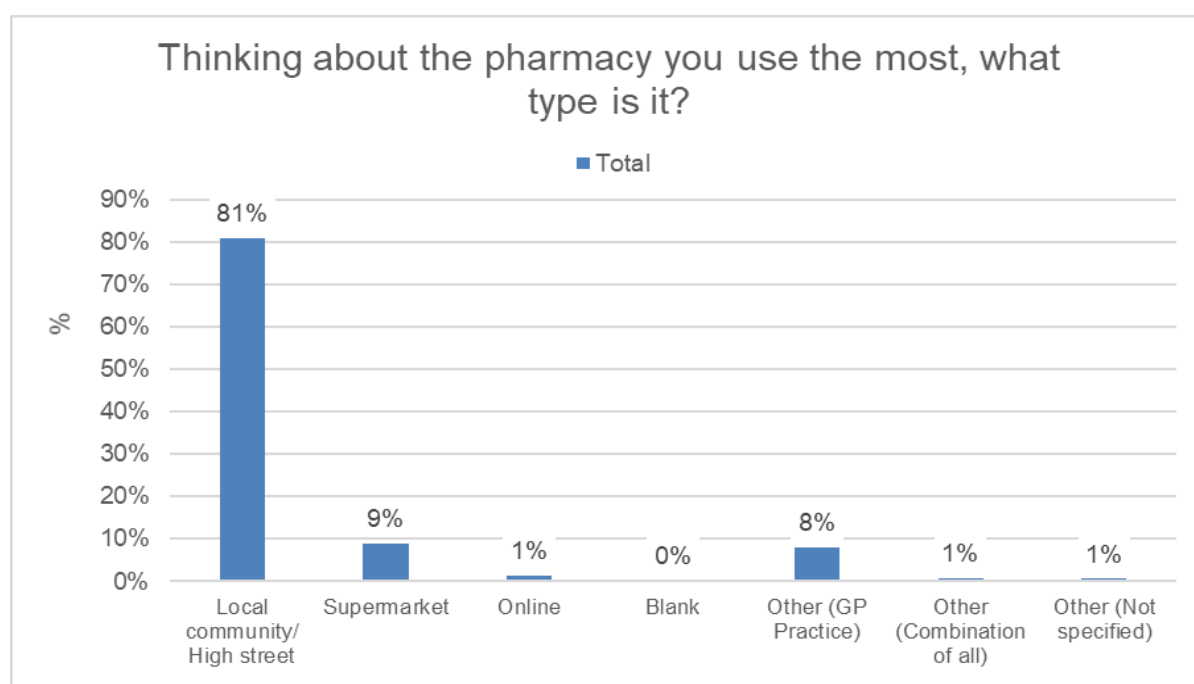
Figure x: When are you likely to use a pharmacy?: Base = 803:



Q4. Thinking about the pharmacy you use the most, what type is it?

The most common type of pharmacy was 'local community/high street' (81%), followed by 'supermarket' (9%) and 'other – GP Practice' (8%). These responses were the top three responses given in Carlisle, Copeland and South Lakeland, with local community/high street being the most common response by far in every district. 'Online' was the third most common response in Barrow-in-Furness and the joint third most common response in South Lakeland. In Allerdale 'other not specified' was the third most common response, however, this accounted for just 2% of Allerdale's responses as the vast majority of responses in Allerdale related to local community/high street (91%).

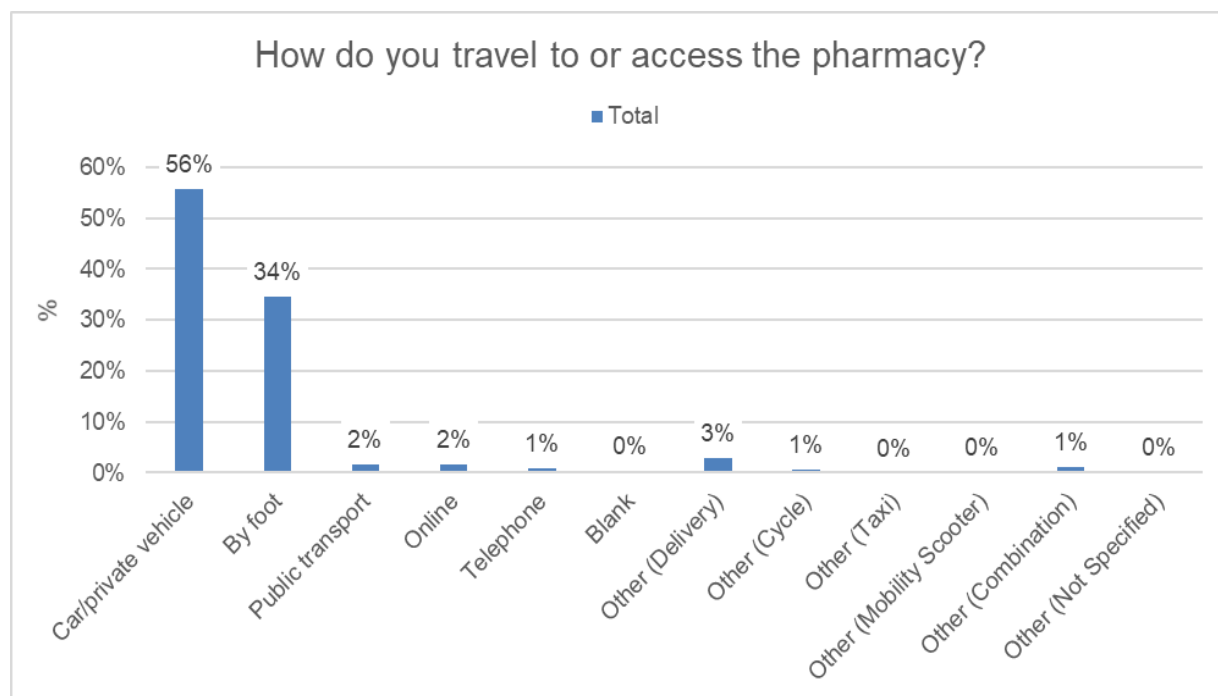
Figure x: When are you likely to use a pharmacy?: Base = 803:



Q5. How do you travel to or access the pharmacy?

The most common mode of transport to a pharmacy was 'car/private vehicle' (56%), followed by 'by foot' (34%), with other responses accounting for very small proportions of responses. Car/private vehicle was the most common response in all districts and by foot was the second most common response in all districts. However, across the districts, Barrow-in-Furness had the highest proportion of car/private vehicle responses (76%) while Carlisle had the lowest proportion of this response (45%). Inversely, Carlisle had the highest proportion of by foot responses (44%) while Barrow-in-Furness had the lowest proportion of this response (18%).

Figure x: How do you travel to or access the pharmacy?: Base = 803:



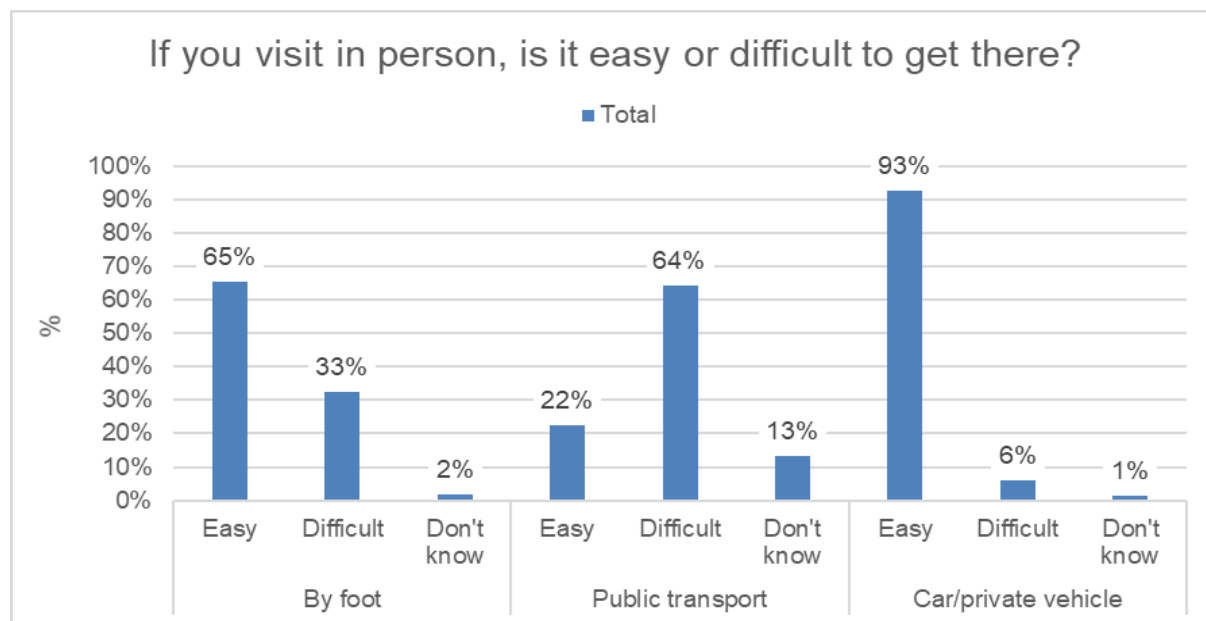
Q6. If you visit in person, is it easy or difficult to get there?

Of the 610 respondents who provided answers regarding travel by car/private vehicle, by far the greatest proportion (93%) reported that access was 'easy'. The greatest proportion of respondents reported that travel by car/private vehicle was easy in all districts. Across the districts, Allerdale had the greatest proportion of respondents reporting that travel by car/private vehicle was 'difficult' (8%).

Of the 568 respondents who provided answers regarding travel by foot, the greatest proportion (65%) reported that access was 'easy'. The greatest proportion of respondents reported that travel by foot was easy in all districts except Eden. In Eden the greatest proportion of respondents (52%) reported that travel by foot was 'difficult'.

Of the 322 respondents who provided answers regarding travel by public transport, the greatest proportion (64%) reported that access was 'difficult'. The greatest proportion of respondents reported that travel by public transport was difficult in all districts. Across the districts, Eden had the greatest proportion of respondents reporting that travel by public transport was 'difficult' (88%).

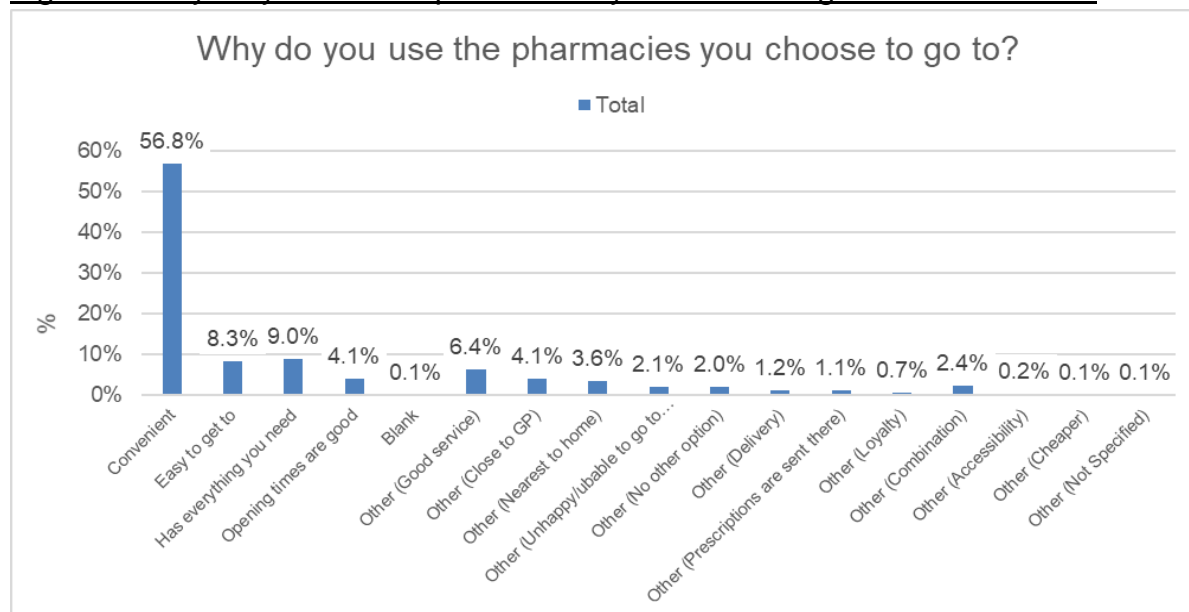
Figure x: If you visit in person, is it easy or difficult to get there?: Base By Foot = 568, Base Public Transport = 322, Base Car/Private Vehicle = 610:



Q7. Why do you use the pharmacies you choose to go to?

The most response by far to this question was ‘convenient’ (57%), followed by ‘has everything you need’ (9%) and ‘easy to get to’ (8%), with other responses accounting for very small proportions of responses. Convenient was the most common response in all districts, however there was some variation in the second and third most common responses. Most notably, in Allerdale and South Lakeland ‘other - good service’ accounted for the second most common responses (15% and 12% respectively), while in Barrow-in-Furness ‘opening times are good’ and ‘other – close to GP’ accounted for the joint third most common responses (both 12%).

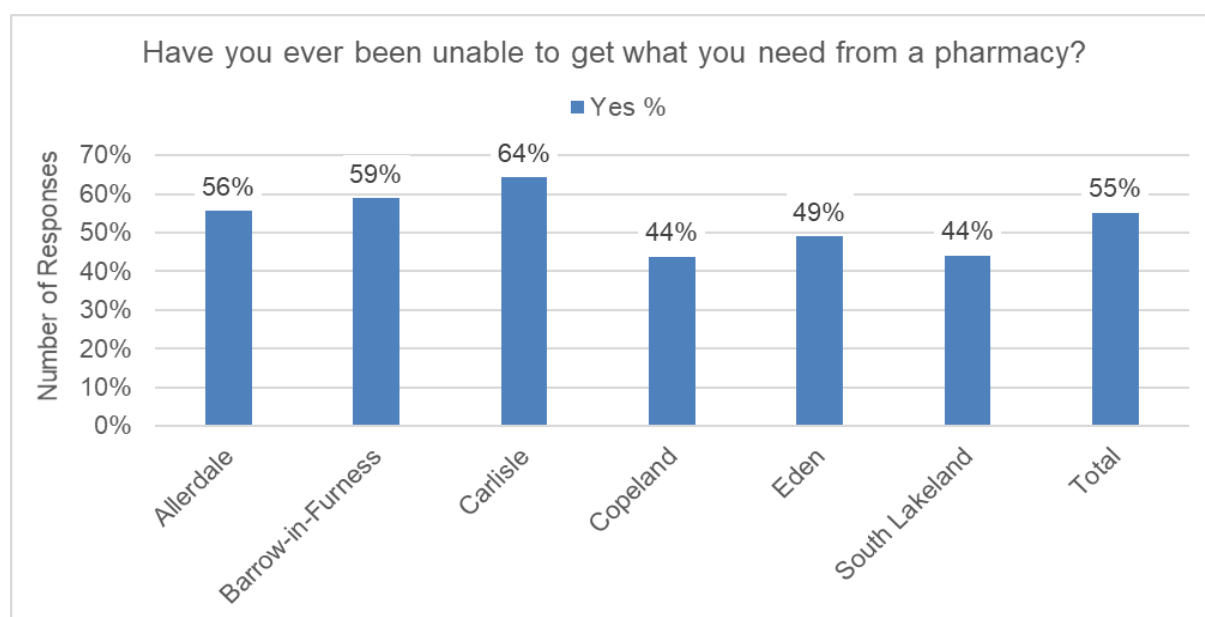
Figure x: Why do you use the pharmacies you choose to go to?: Base = 803:



Q8. Have you ever been unable to get what you need from a pharmacy?

The greatest proportion of respondents (55%) reported ‘yes’ (they had been unable to get what they needed from a pharmacy). ‘Yes’ was the most common response in Allerdale, Barrow-in-Furness and Carlisle. However, in Copeland and South Lakeland the greatest proportion of respondents reported ‘no’, and in Eden the number of yes and no responses were equal. Across the districts, Carlisle had the greatest proportion of respondents reporting yes, they had been unable to get what they needed from a pharmacy (64%).

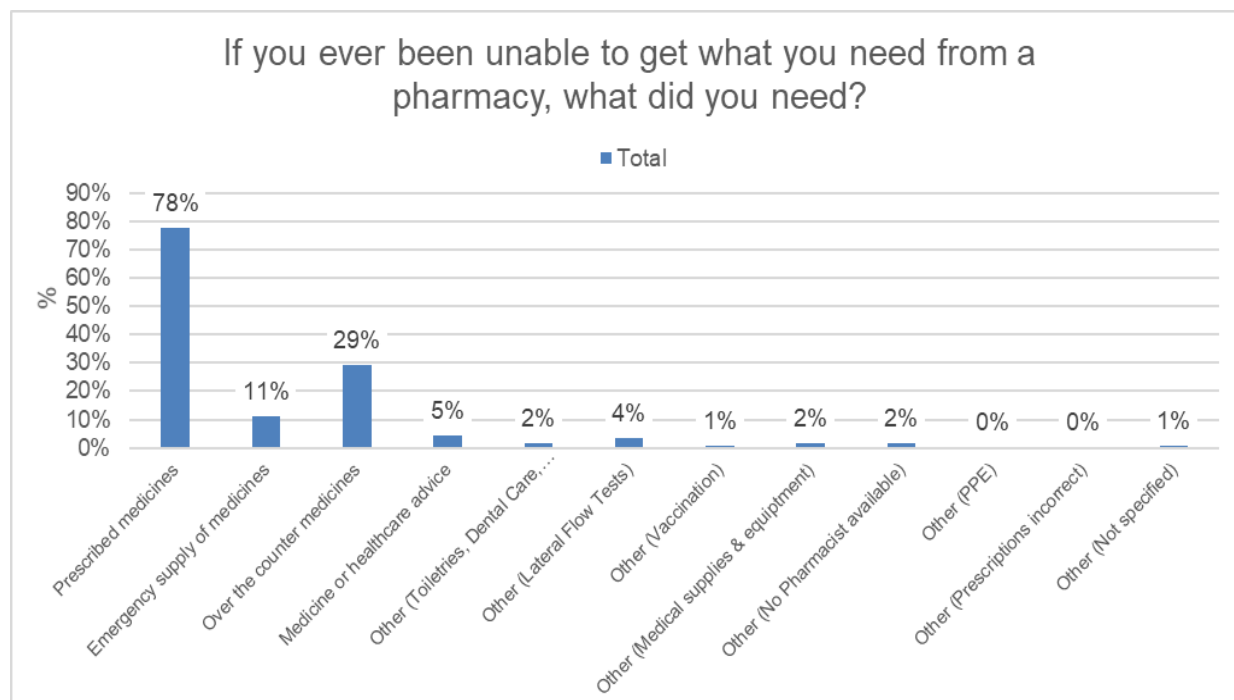
Figure x: How do you travel to or access the pharmacy?: Base = 803:



Q9. If you ever been unable to get what you need from a pharmacy, what did you need? (Tick all that apply)

Of the 443 respondents who reported that ‘yes’ they had been unable to get what they need from a pharmacy, by far the greatest proportion (78%) reported that they needed ‘prescribed medicine’, followed by ‘over the counter medicine’ (29%) and then ‘emergency supply of medicine’ (11%). Prescribed medicine was the most common response in all districts with the above responses being the top three responses given in all districts with a small number of exceptions; in Barrow-in-Furness ‘medicine or healthcare advice was the third most common response (20%), in Copeland ‘other – lateral flow tests’ was the third most common response (8%) and in Eden ‘other – medical supplies & equipment) was the third most common response (8%). Across districts, Carlisle had the greatest proportion of respondents reporting prescribed medicine (88%).

Figure x: If you ever been unable to get what you need from a pharmacy, what did you need?: Base = 443:

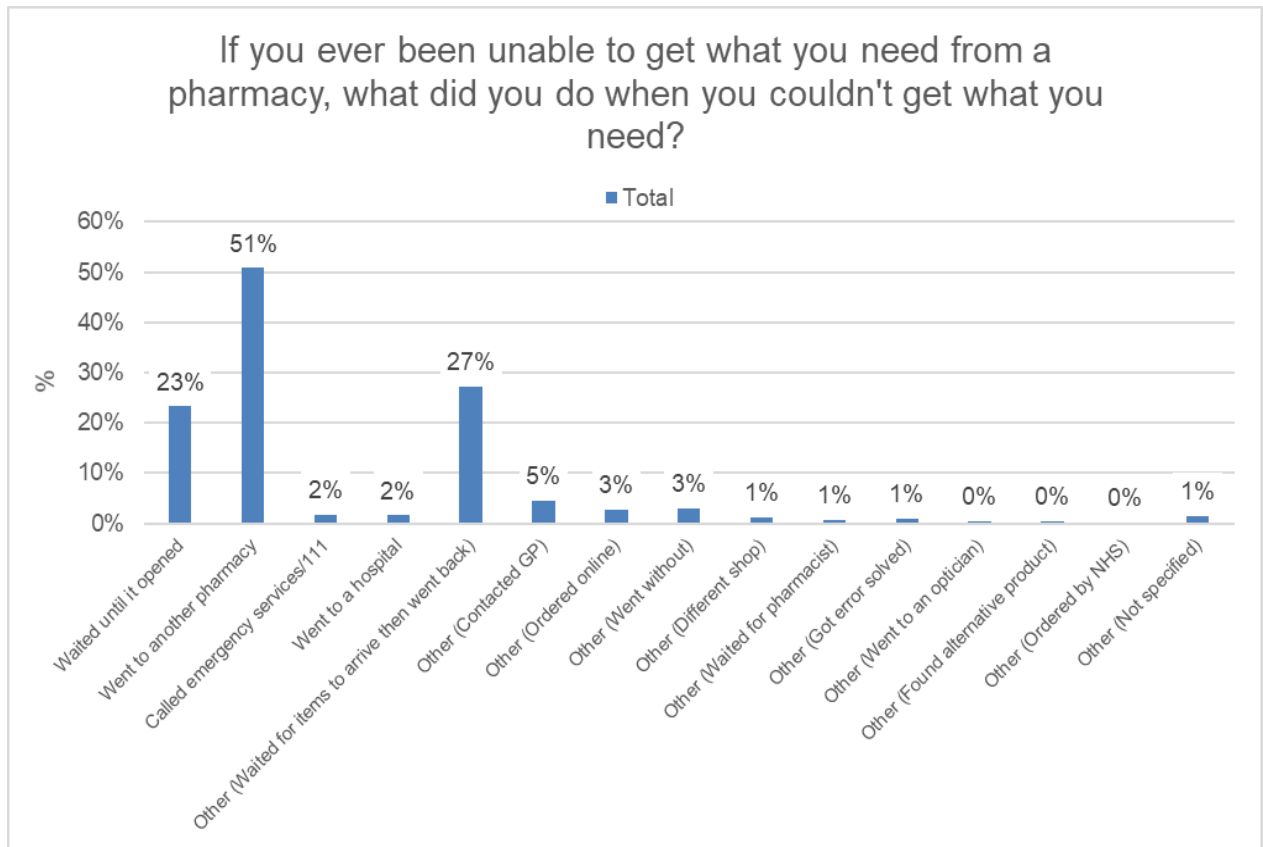


Q10. If you ever been unable to get what you need from a pharmacy, what did you do when you couldn't get what you need?

Of the 443 respondents who reported that 'yes' they had been unable to get what they need from a pharmacy, the greatest proportion (51%) reported that they 'went to another pharmacy', followed by 'other – waited for items to arrive then went back' (27%) and then 'waited until it opened' (23%). 'Went to another pharmacy' was the most common response in all districts while the above responses were the top three responses given in all districts except Barrow-in-Furness. In Barrow-in-Furness 'other – contacted GP' and 'other – ordered online' were the joint third most common responses (both 10%).

Appendix 6.1: Public Survey consultation

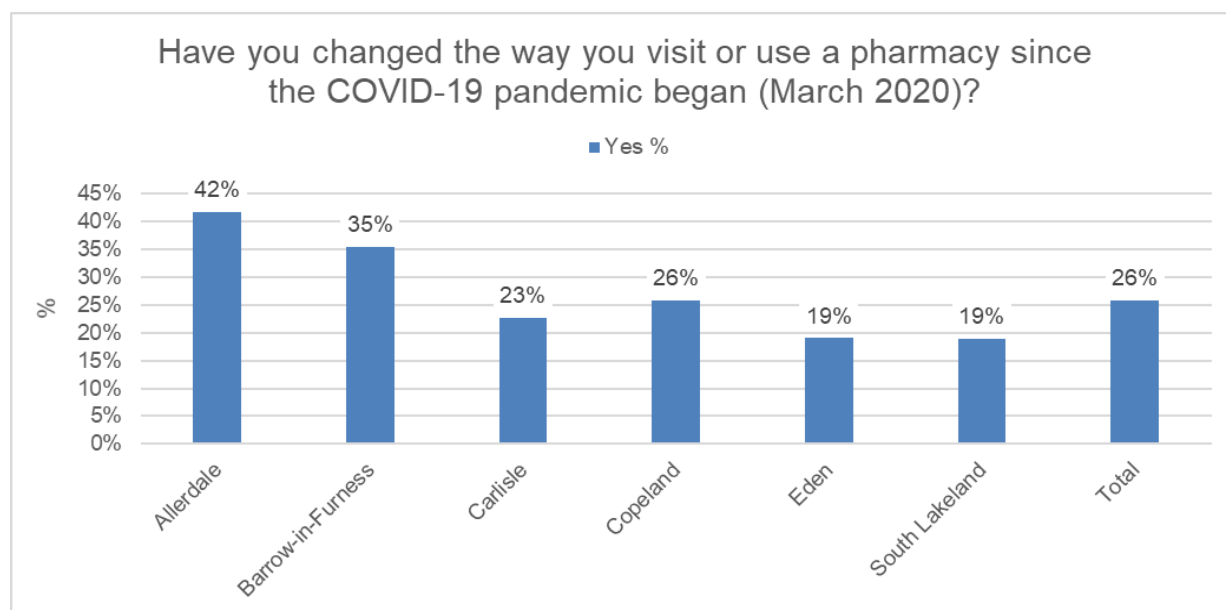
Figure x: If you ever been unable to get what you need from a pharmacy, what did you do when you couldn't get what you need?: Base = 443:



Q11. Have you changed the way you visit or use a pharmacy since the COVID-19 pandemic began (March 2020)?

The greatest proportion of respondents (73%) reported ‘no’ (they had not changed the way they visit or use a pharmacy since the COVID-19 pandemic began). ‘No’ was the most common response in all districts. Across the districts, Allerdale had the greatest proportion of respondents reporting ‘yes’ (42% reported they had changed the way they visit or use a pharmacy since the COVID-19 pandemic began).

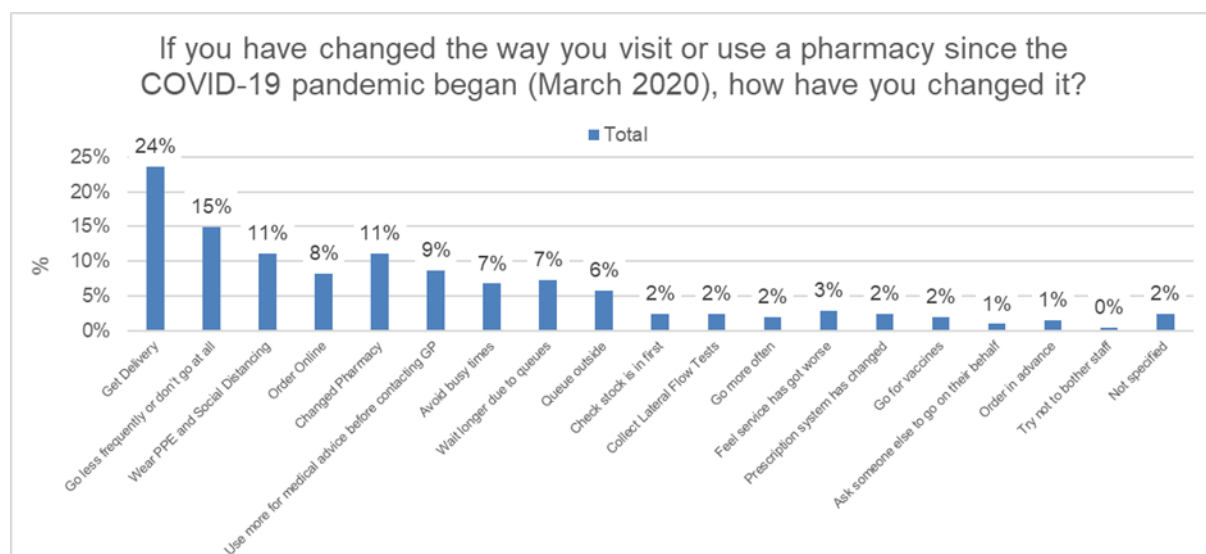
Figure x: Have you changed the way you visit or use a pharmacy since the COVID-19 pandemic began (March 2020)?: Base = 803:



Q12. If you have changed the way you visit or use a pharmacy since the COVID-19 pandemic began (March 2020), how have you changed it?

Of the 207 respondents who reported ‘yes’ (they had changed the way they visit or use a pharmacy since the COVID-19 pandemic began), the greatest proportion reported they had changed to ‘get delivery’ of their pharmacy products (24%). There was some variation in responses at a district level. In Allerdale ‘get delivery’ was the top response (47%), while in Copeland ‘get delivery’ was the joint top response alongside ‘go less frequently / don’t go at all’ and ‘wear PPE / observe social distancing’ (all 17%), and in Eden ‘get delivery’ was the joint top response alongside ‘order online’ (both 21%). In Barrow-in-Furness the greatest proportion of responses related to having ‘changed pharmacy’ (33%), while in Carlisle the top responses related to ‘waiting longer due to queues’ (16%) and in South Lakeland ‘go less frequently / don’t go at all’ was the top response (29%).

Figure x: If you have changed the way you visit or use a pharmacy since the COVID-19 pandemic began (March 2020), how have you changed it?: Base = 207:



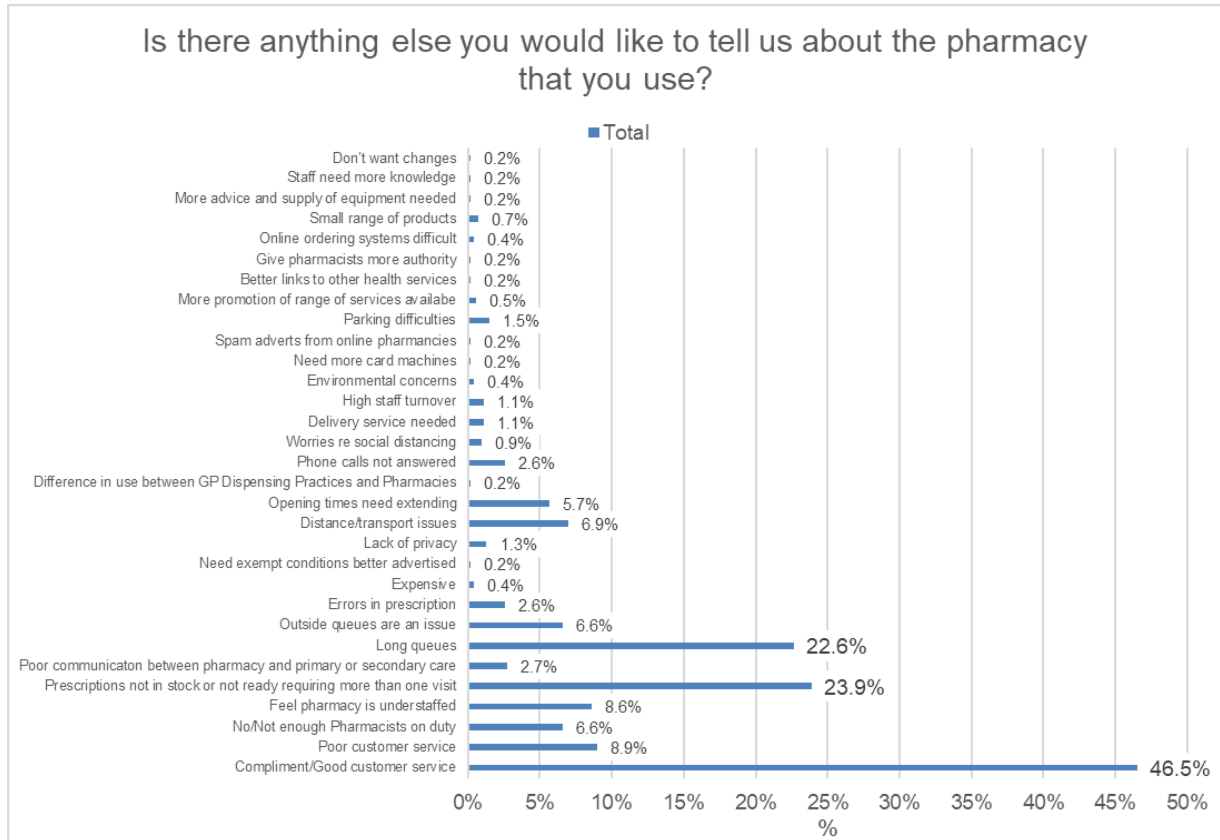
Q13. Is there anything else you would like to tell us about the pharmacy that you use?

Of the 548 respondents who provided further comments, the greatest proportion provided comments relating to ‘compliments/good customer service’ (47%). Comments relating to ‘compliments/good customer service’ accounted for the greatest proportion of comments in all districts except Carlisle. In Carlisle the greatest proportion of comments related to ‘long queues’ (42%). Across the districts, Copeland had the greatest proportion of comments relating to ‘compliments/good customer service’ (86%).

Comments relating to ‘prescriptions being out of stock or not ready, requiring more than one visit’ accounted for the second greatest proportion of comments (24%). This theme accounted for the second greatest proportion of comments in all districts except Copeland and Eden. Across the districts, Carlisle had the greatest proportion of comments relating to ‘prescriptions being out of stock or not ready, requiring more than one visit’ (35%). In Copeland comments relating to ‘distance/transport issues’ accounted for the second greatest proportion of comments (5%), while in Eden comments relating to ‘long queues’ accounted for the second greatest proportion of comments (14%).

Figure x: Is there anything else you would like to tell us about the pharmacy that you use?: Base = 548:

Appendix 6.1: Public Survey consultation



Cumbria Pharmaceutical Needs Assessment – Contractor Survey

2021-22

The Contractor Survey for the Cumbria Pharmaceutical Needs Assessment was open during 13th December 2021 to 7th February 2022 (extended from 17th January), hosted on the PharmOutcomes website. There were 42 responses accounting for 40% of pharmacies across Cumbria; a district breakdown of responses is presented in the table and summary below.

	Total number of pharmacies in District	Number of pharmacy responses to Survey	% responses
Allerdale	21	10	48%
Barrow-in-Furness	16	10	63%
Carlisle	21	7	33%
Copeland	14	4	29%
Eden	8	2	25%
South Lakeland	26	9	35%
Total	106	42	40%

For the PNA analysis, all information provided by Pharmacies has been considered at District level, however, due to confidentiality the following summary is available at Cumbria level only.

Please note that the services listed below are in addition to the services already detailed in the PNA and other Appendices.

Advanced Services

A small number of pharmacies reported providing some of the services listed below, however, many pharmacies reported that they would be willing to provide these:

- Hep C Testing (until end of March 2022).
- Hypertension case finding
- On demand availability of specialist drugs
- Sexual health - Chlamydia testing
- Substance misuse - Take Home Naloxone Service

A small number of pharmacies reported providing COVID-19 vaccinations; while almost all pharmacies responding reported they are providing Lateral Flow Testing.

Other services

A small number of pharmacies reported providing the following services, however, a number of pharmacies would be willing to provide these:

- Care home services
- Adherence support for Long Term Conditions
- Anticoagulant monitoring
- Vascular Risk Assessment Service
- Sharps Disposal
- Directly Observed Therapy (eg. drugs for TB or HIV)

Disease Specific Medicines Management Service

Very few pharmacies reported providing these services which includes the conditions/diseases listed below, however, most responding to the survey reported that they would be willing to provide these:

- Allergies
- Alzheimer's/dementia
- Asthma
- Coronary Heart Disease
- Chronic Obstructive Pulmonary Disease
- Depression
- Diabetes
- Epilepsy
- Parkinson's
- Medicines Optimisation service
- Phlebotomy Service (venous blood sample)
- Obesity management (adults and children)

Screening

Very few pharmacies reported providing some of the screening services listed below, however, a number of pharmacies would be willing to provide these:

- Alcohol Brief Interventions
- HIV
- Gonorrhoea
- Hepatitis B
- Cholesterol
- Diabetes
- COPD
- Childhood vaccinations
- HPV vaccinations
- Travel vaccinations

Collection and delivery services

The majority of pharmacies reported offering collections of prescriptions from surgeries. Some but not all pharmacies report providing delivery services for dispensed medicines, however, some do provide this service to vulnerable patients and to surrounding rural areas. The majority of pharmacies reported providing MDS (Medication Discharge Service).

Languages

Very few pharmacies reported languages other than English being spoken in the pharmacy, however, the small number that did report other languages included: German, Lao; Mandarin; Arabic; Punjabi; Urdu and Polish.

Very few pharmacies reported other languages being spoken by the community their pharmacies serve, however, the small number that did report other languages included: various Eastern European languages; Polish; Spanish; Portuguese; Romanian; and Mandarin.

Very few pharmacies reported using a translation service as this is often not timely enough.

Appendix 6.2: Contractor Survey consultation

Workforce planning

Most pharmacies reported that they currently have sufficient workforce to meet demand; and that they are managing capacity. A small number reported they do not.

Appendix 7: Community Pharmacy Opening Times [Opening times may vary]

Unique ID [PNA Code]	Pharmacy Name	Trading Name	Address 1	Town	Postcode	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
P3	Alston Pharmacy Limited	Alston Pharmacy	Front Street	Alston	CA9 3QP	09:00 - 17:30	09:00 - 12:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 12:30	Closed
P82	Boots UK Limited	Boots	Units 8-9, Market Cross	Ambleside	LA22 9BT	09:00-18:30	09:00-18:30	09:00-18:30	09:00-18:30	09:00-18:30	Closed	Closed
P106	Thomas Bell (Chemist) Ltd	Thomas Bell Chemists	Lake Road	Ambleside	LA22 0AD	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed
P18	Boots UK Limited	Boots UK Limited	11 Boroughgate	Appleby	CA16 6XF	09:00-12:30; 13:30-18:30	09:00-12:30; 13:30-18:30	09:00-12:30; 13:30-18:30	09:00-12:30; 13:30-18:30	09:00-12:30; 13:30-18:30	09:00-12:30; 13:30-17:00	Closed
P79	L Rowland ; Co (Retail) Ltd	Rowlands Pharmacy	38 The Promenade	Arnside	LA5 0HA	09:00-13:00; 13:20-17:30	09:00-13:00; 13:20-17:30	09:00-13:00; 13:20-17:30	09:00-13:00; 13:20-17:30	09:00-13:00; 13:20-17:30	09:00-13:00; 09:30-13:00	Closed
P19	Boots UK Limited	Boots UK Limited	West Street Health Centre, West Street	Aspatria	CA7 3HH	08:30-12:30 - 13:30-18:30	08:30-12:30 - 13:30-18:30	08:30-12:30 - 13:30-18:30	08:30-12:30 - 13:30-18:30	08:30-12:30 - 13:30-18:30	09:00 - 12:00	Closed
P64	Asda Stores Ltd	Asda Pharmacy	Walney Road	Barrow	LA14 5UG	08:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 22:00	11:00 - 17:00
P66	Gorgemead Ltd	Cohens Chemist	62 Rawlinson Street	Barrow	LA14 2DN	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	Closed	Closed
P68	Gorgemead Ltd	Cohens Chemist	56 Settle Street	Barrow	LA14 5HQ	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed	Closed
P70	Gorgemead Ltd	Cohens Chemist	68 Dalton Road	Barrow	LA14 1JB	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed	Closed
P75	Gorgemead Ltd	Cohens Chemist	Friars Lane	Barrow	LA13 9NN	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	09:00 - 13:00	Closed
P81	Gorgemead Ltd	Cohens Chemist	Community Centre, Central Drive, Walney Island	Barrow	LA14 3HY	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-12:00	Closed
P83	Gorgemead Ltd	Cohens Chemist	3 Anchor Road	Barrow	LA14 2QW	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	09:00 - 12:00	Closed
P84	Gorgemead Ltd	Cohens Chemist	44 Middlefield, Ormsgill	Barrow	LA14 4BX	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 12:00	Closed
P88	Gorgemead Ltd	Cohens Chemist	36 Dalton Road	Barrow	LA14 1HY	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	Closed	Closed
P92	Boots UK Limited	Boots	Alfred Barrow Health Centre, Duke Street	Barrow	LA14 2LB	08:45 - 18:00	08:45 - 18:00	08:45 - 18:00	08:45 - 18:00	08:45 - 18:00	08:45 - 17:00	Closed
P95	Boots UK Limited	Boots	8-10 Risedale Road	Barrow	LA13 9RD	08:45 - 18:30	08:45 - 18:30	08:45 - 18:30	08:45 - 18:30	08:45 - 18:30	09:00 - 17:30	Closed
P96	Coward Pharmacy Ltd	Coward Pharmacy	52 Hartington Street	Barrow	LA14 5SR	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 12:30	Closed
P98	Boots UK Limited	Boots	15-17 Portland Walk	Barrow	LA14 1DB	09:00-17:30	09:00-17:30	09:00-17:30	09:00-17:30	09:00-17:30	09:00-17:30	11:00 - 16:00
P99	Gorgemead Ltd	Cohens Chemist	Ainslie Street	Barrow	LA14 5AY	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	09:00 - 17:30	Closed
P100	Tesco Stores Ltd	Tesco Instore Pharmacy	Corner House Park, Hindpool Road	Barrow	LA14 2NE	08:00 - 22:30	06:30 - 22:30	06:30 - 22:30	06:30 - 22:30	06:30 - 22:30	06:30 - 22:00	10:00 - 16:00
P30	Brampton Pharmacy Limited	Brampton Pharmacy	Market Street	Brampton	CA8 1RW	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 13:00	Closed
P4	Asda Stores Limited	Asda Pharmacy	Chandler Way	Carlisle	CA3 0JQ	09:00 - 21:00	09:00 - 21:00	09:00 - 21:00	09:00 - 21:00	09:00 - 21:00	08:30 - 21:00	10:00 - 16:00
P6	Bestway National Chemists Limited	Well	29 Stonegarth	Carlisle	CA2 6PD	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 15:00	Closed
P7	Bestway National Chemists Limited	Well	The Surgery, Port Road	Carlisle	CA2 7AJ	09:00 - 18:30	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:30	Closed	Closed
P9	Bestway National Chemists Limited	Well	North Carlisle Medical Centre, Eden Street	Carlisle	CA3 9JZ	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	09:00 - 17:00	Closed
P10	Bestway National Chemists Limited	Well	Fusehill Medical Centre, Fusehill Street	Carlisle	CA1 2HE	08:30 - 13:00; 13:45 - 18:00	08:30 - 13:00; 13:45 - 18:00	08:30 - 13:00; 13:45 - 18:00	08:30 - 13:00; 13:45 - 18:00	08:30 - 13:00; 13:45 - 18:00	Closed	Closed
P11	Bestway National Chemists Limited	Well	28 Blackwell Road	Carlisle	CA2 4EQ	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 13:00	Closed
P12	Bestway National Chemists Limited	Well	59 Orton Road	Carlisle	CA2 7HA	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed	Closed
P13	Bestway National Chemists Limited	Well	55 Wigton Road	Carlisle	CA2 7AY	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 12:30	Closed
P14	Bestway National Chemists Limited	Well	139 Denton Street	Carlisle	CA2 5HB	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed	Closed
P20	Boots UK Limited	Boots UK Limited	6 Petheril Bank Road	Carlisle	CA1 3AH	09:00-13:00; 14:00-18:00	09:00-13:00; 14:00-18:00	09:00-13:00; 14:00-18:00	09:00-13:00; 14:00-18:00	09:00-13:00; 14:00-18:00	09:00-13:00	Closed
P21	Boots UK Limited	Boots UK Limited	43-49 English Street	Carlisle	CA3 8JU	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	10:30 - 16:30
P31	Dalston Pharmacy Ltd	Dalston Pharmacy	6-8 Bank Street	Carlisle	CA3 8EU	08:30-18:00	08:30-18:00	08:30-18:00	08:30-18:00	08:30-18:00	09:00 - 17:00	Closed

Appendix 7: Community Pharmacy Opening Times [Opening times may vary]

Unique ID [PNA Code]	Pharmacy Name	Trading Name	Address 1	Town	Postcode	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
P32	Dalston Pharmacy Ltd	Dalston Pharmacy	Arnside House, Sycamore Lane, Parklands Village	Carlisle	CA1 3SR	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	Closed	Closed
P34	Dalston Pharmacy Ltd	Dalston Pharmacy	7 Central Avenue	Carlisle	CA1 3QB	09:00 - 17:45	09:00 - 17:45	09:00 - 17:45	09:00 - 17:45	09:00 - 17:45	09:00 - 17:30	Closed
P45	Lloyds Pharmacy Limited	Lloyds Pharmacy	76 Warwick Road	Carlisle	CA1 1DU	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	Closed	Closed
P46	Lloyds Pharmacy Limited	Lloydspharmacy	Church Street, Sainsbury's	Carlisle	CA2 5TF	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	10:00 - 16:30
P50	Superdrug Stores Plc	Superdrug Pharmacy	Unit 1, Grapes Lane	Carlisle	CA3 8NX	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed
P51	Tesco Stores Limited	Tesco Stores	Warwick Road	Carlisle	CA1 2SB	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	10:00-16:00
P103	Silverdale Pharmacy Ltd	Silverdale Pharmacy	18 Emesgate Lane, Silverdale	Carnforth	LA5 0RA	09:00 - 17:00	09:00 - 13:00	09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	09:00 - 13:00	Closed
P37	Gorgemead Limited	Cohens Chemist	Cleator Moor Health Centre, Birks Road	Cleator Moor	CA25 5HP	08:00 - 19:00	08:00 - 19:00	08:00 - 19:00	08:00 - 19:00	08:00 - 19:00	08:00 - 12:00	Closed
P22	Boots UK Limited	Boots UK Limited	56-58 Main Street	Cockermouth	CA13 9LU	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	09:00 - 17:30	Closed
P41	J W W Allison And Sons Limited	J W W Allison And Sons Limited	31 Main Street	Cockermouth	CA13 9LE	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 16:00	Closed
P54	Trinity Pharma Ltd	Castlegate Pharmacy	Cockermouth Community Hospital and Health Centre, Isel Road	Cockermouth	CA13 9HT	07:00 - 22:00	07:00 - 22:00	07:00 - 22:00	07:00 - 22:00	07:00 - 22:00	07:00 - 22:00	10:00 - 20:00
P33	Dalston Pharmacy Ltd	Dalston Pharmacy	2 Vicars Cottages, The Square	Dalston	CA5 7LW	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 14:00	Closed
P71	Lloyds Pharmacy Ltd	Lloyds Pharmacy	75-77 Market Street	Dalton in Furness	LA15 8DL	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	09:00 - 12:00	Closed
P23	Boots UK Limited	Boots UK Limited	67-68 Main Street	Egremont	CA22 2DB	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	08:30 - 18:30	9:00 - 12:30	Closed
P38	Gorgemead Limited	Cohens Chemist	31 Market Place	Egremont	CA22 2AG	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 12:00	Closed
P65	Flookburgh.Com Ltd	The Flookburgh Pharmacy	1 Market Street	Flookburgh	LA11 7JU	09:00 - 12:15; 13:30 - 18:00	09:00 - 12:15; 13:30 - 18:00	09:00 - 12:15; 13:30 - 18:00	09:00 - 12:15; 13:30 - 18:00	09:00 - 12:15; 13:30 - 18:00	09:00 - 13:00	Closed
P24	Boots UK Limited	Boots UK Limited	6 Main Street	Frizington	CA26 3SA	09:00 - 18:00	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 12:30	Closed
P63	Bestway Panacea Healthcare Limited	Well Pharmacy	Kents Bank Road	Grange Over Sands	LA11 7EY	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 17:00	Closed
P87	Bestway Panacea Healthcare Limited	Well Pharmacy	Grange Health Centre	Grange Over Sands	LA11 7DJ	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed	Closed
P90	MASQ Ltd	Grasmere Pharmacy	1 Oakbank, Broadgate	Grasmere	LA22 9TA	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 13:00	Closed	Closed
P76	Collins And Butterworth Ltd	The Pharmacy	Main Street	Hawkshead	LA22 0NS	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:00	Closed
P73	Boots UK Limited	Boots	Unit 10, 66 Stricklandgate, Elephant Yard	Kendal	LA9 4PU	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 18:00	08:30 - 17:30	10:30 - 16:30
P74	Jas Pharma Ltd	Gillinggate Pharmacy	Captain French Surgery, Old John Boste Club, Gillinggate	Kendal	LA9 4JE	08:30 - 13:00; 13:20 - 18:30	08:30 - 13:00; 13:20 - 18:30	08:30 - 13:00; 13:20 - 18:30	08:30 - 13:00; 13:20 - 18:30	08:30 - 13:00; 13:20 - 18:30	Closed	Closed
P77	Bestway Panacea Healthcare Limited	Well Pharmacy	132 Highgate	Kendal	LA9 4HE	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed	Closed
P89	Asda Stores Ltd	Asda Pharmacy	Burton Road	Kendal	LA9 7JA	08:00 - 21:00	08:00 - 21:00	08:00 - 21:00	08:00 - 21:00	08:00 - 21:00	08:00 - 21:00	10:00 - 16:00
P94	Bestway Panacea Healthcare Limited	Well Pharmacy	2 Maude Street	Kendal	LA9 4QD	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	Closed	Closed
P101	Bestway Panacea Healthcare Limited	Well Pharmacy	Helme Chase Surgery, Burton Road	Kendal	LA9 7HR	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	08:00 - 18:00	08:00 - 18:00
P25	Boots UK Limited	Boots UK Limited	31 Main Street	Keswick	CA12 5BL	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	10:00-17:00
P39	Gorgemead Limited	Cohens Chemist	15-17 Station Street	Keswick	CA12 5HH	09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	Closed	Closed
P93	Boots UK Limited	Boots	2 ; 4 Market Square	Kirkby Lonsdale	LA6 2AN	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	closed
P53	The Green Tree Pharmacy Limited	The Green Tree Pharmacy Ltd	6-8 Market Street	Kirkby Stephen	CA17 4QS	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 13:00	Closed

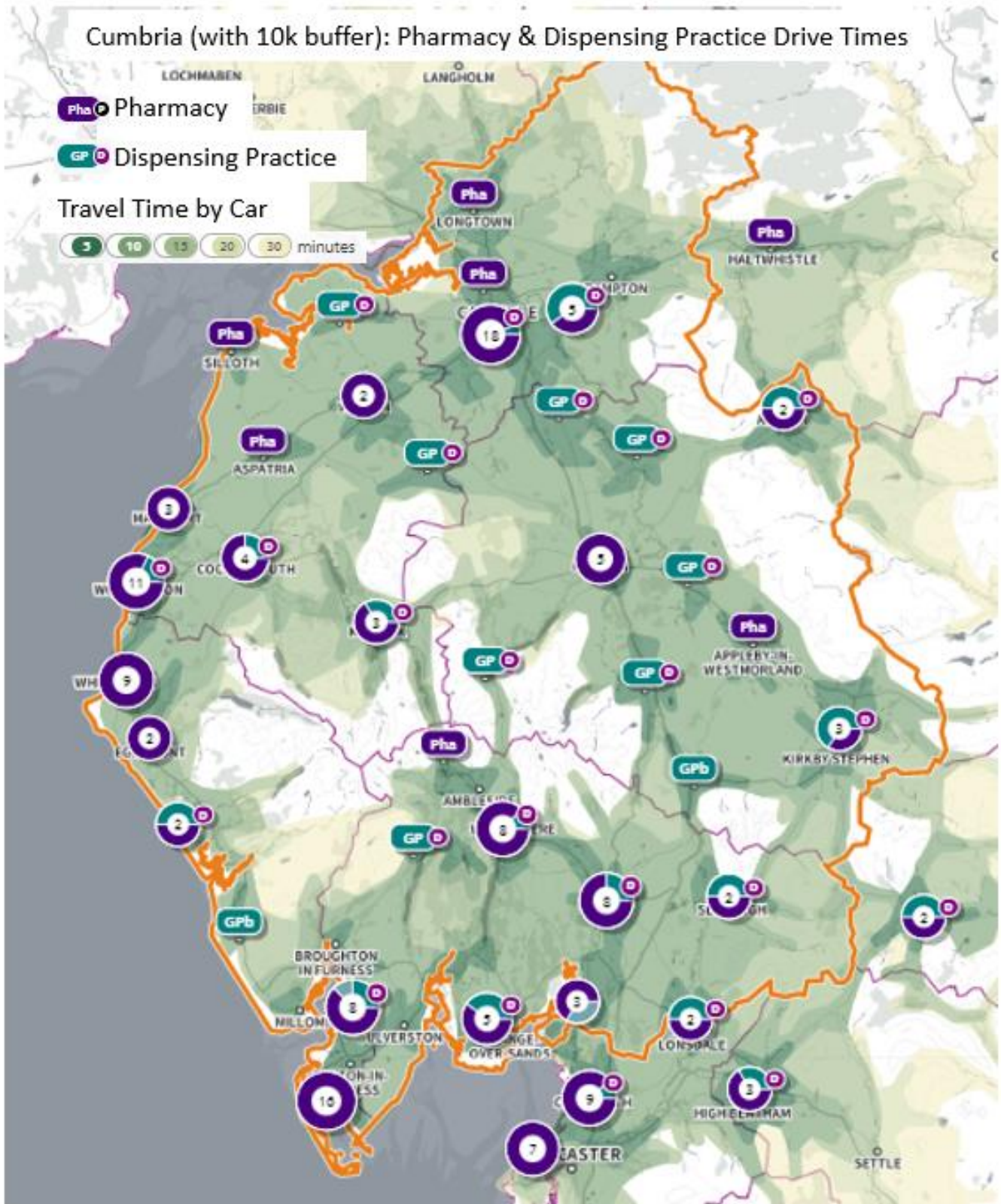
Appendix 7: Community Pharmacy Opening Times [Opening times may vary]

Unique ID [PNA Code]	Pharmacy Name	Trading Name	Address 1	Town	Postcode	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
P26	Boots UK Limited	Boots UK Limited	16 English Street	Longtown	CA6 5SD	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 17:00	Closed
P1	A.F. Norman Chemists Limited	A F Norman	55 Senhouse Street	Maryport	CA15 6BL	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed
P2	Alneburgh Pharmacy Limited	Alneburgh Pharmacy Limited	Alneburgh House, Ewanrigg Road	Maryport	CA15 8EL	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed	Closed
P40	Healthcare Medical Limited	H S Dobie Chemist	29 Curzon Street	Maryport	CA15 6LN	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 12:30	Closed
P85	Boots UK Limited	Boots	48/52 Wellington Street	Millom	LA18 4DE	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 14:00	Closed
P102	L Rowland ; Co (Retail) Ltd	Rowlands Pharmacy	43 Wellington Street	Millom	LA18 4DG	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	Closed
P72	L Rowland ; Co (Retail) Ltd	Rowlands Pharmacy	1 Haverflatts Lane	Milnthorpe	LA7 7PS	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	09:00 - 13:00; 13:20 - 18:30	Closed
P56	Urwin Cumbria Ltd	Mirehouse Pharmacy	59 Meadow Road	Mirehouse	CA28 8ER	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 12:00	Closed
P17	Bestway National Chemists Limited	Well	The Health Centre, Bridge Lane	Penrith	CA11 8HW	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	Closed	Closed
P27	Boots UK Limited	Boots UK Limited	Unit 3, Angel Square	Penrith	CA11 7BT	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	08:30 - 17:30	11:00 - 16:00
P44	Joseph Cowper Limited	Joseph Cowper Ltd	49-50 King Street	Penrith	CA11 7AY	08:45 - 17:30	08:45 - 17:30	08:45 - 17:30	08:45 - 17:30	08:45 - 17:30	08:45 - 17:30	Closed
P47	Lloyds Pharmacy Limited	Lloydspharmacy	1 Common Gardens Square	Penrith	CA11 7FG	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 22:00	10:00 - 16:00
P61	Wm Morrison Supermarkets Plc	Morrisons Pharmacy	Brunswick Road	Penrith	CA11 7JU	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	08:00 - 19:00	10:00 - 16:00
P49	Seascale Pharmacy Limited	Seascale Pharmacy	Gosforth Road	Seascale	CA20 1PR	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-18:00	09:00-13:00	Closed
P57	Urwin Cumbria Ltd	Seaton Pharmacy	91 Main Road	Seaton	CA14 1JE	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 12:00	Closed
P105	Boots UK Limited	Boots	48-50 Main Street	Sedbergh	LA10 5BL	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed	Closed
P15	Bestway National Chemists Limited	Well	1-3 Station Road	Silloth	CA7 4AE	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 13:00	Closed
P69	Staveley Healthcare Ltd	Staveley Pharmacy	The Pharmacy, 6 Main Street	Staveley	LA8 9LU	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 12:30	Closed
P78	Gorgemead Ltd	Cohens Chemist	Ulverston Health Centre, Stanley Street	Ulverston	LA12 7BT	08:45 - 18:30	08:45 - 18:30	08:45 - 18:30	08:45 - 18:30	08:45 - 18:30	Closed	Closed
P86	Boots UK Limited	Boots	32/34 Market Street	Ulverston	LA12 7LR	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed
P97	Gorgemead Ltd	Cohens Chemist	10 Market Place	Ulverston	LA12 7DX	09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	09:00 - 17:00	09:00 - 13:00	Closed
P52	Tesco Stores Limited	Tesco Pharmacy Ltd	Bransty Row, North Shore	Whitehaven	CA28 7XY	08:30 - 19:00	08:30 - 19:00	08:30 - 19:00	08:30 - 19:00	08:30 - 19:00	08:30 - 19:00	10:00 - 16:00
P62	Wm Morrison Supermarkets Plc	Morrisons Pharmacy	Flatt Walks	Whitehaven	CA28 7RW	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	08:00 - 20:00	08:00 - 18:00	10:00 - 16:00
P28	Boots UK Limited	Boots UK Limited	26 King Street	Whitehaven	CA28 7JN	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	Closed
P58	Urwin Cumbria Ltd	Seacliffe Pharmacy	High Road, Kells	Whitehaven	CA28 9PG	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 12:00	Closed
P59	W. Fare Limited	W. Fare Limited	71-73 Market Place	Whitehaven	CA28 7JG	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 16:00	Closed
P60	Whitehaven Healthcare Ltd	Whitehaven Late Night Pharmacy	Unit 1, Lowther Buildings, Lowther Street	Whitehaven	CA28 7DG	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	09:00 - 21:00	12:00 - 20:00
P8	Bestway National Chemists Limited	Well	14 King Street	Wigton	CA7 9DT	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 17:30	09:00 - 13:00	Closed
P16	Bestway National Chemists Limited	Well	Wigton Medical Centre, Southend	Wigton	CA7 9QD	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	09:00 - 18:30	Closed	Closed
P80	Boots UK Limited	Boots	10-12 Crescent Road	Windermere	LA23 1EA	09:00-17:30	09:00-17:30	09:00-17:30	09:00-17:30	09:00-17:30	09:00-17:30	Closed
P91	David Carter (Disp Chemists)Ltd	Windermere Community Pharmacy	16 Crescent Road	Windermere	LA23 1DT	09:30 - 17:30	09:30 - 17:30	09:30 - 17:30	09:30 - 17:30	09:30 - 17:30	Closed	Closed
P104	Windermere Health Centre Pharmacy Ltd	Windermere Health Centre Pharmacy	Windermere Health Centre, Goodley Dale	Windermere	LA23 2EG	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	Closed	Closed
P5	Asda Stores Limited	Asda Pharmacy	Dunmail Shopping Centre	Workington	CA14 1NQ	08:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 23:00	07:00 - 22:00	11:00 - 17:00

Appendix 7: Community Pharmacy Opening Times [Opening times may vary]

Unique ID [PNA Code]	Pharmacy Name	Trading Name	Address 1	Town	Postcode	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
P29	Boots UK Limited	Boots UK Limited	29 Murray Road	Workington	CA14 2AB	09:00 – 17:30	09:00 – 17:30	09:00 – 18:00	09:00 – 17:30	09:00 – 17:30	09:00 – 17:30	11:00-16:00
P35	F C Whelan Ltd	Harrington Pharmacy	25 Church Road, Harrington	Workington	CA14 5QA	09:00 – 17:30	09:00 – 17:30	09:00 – 17:30	09:00 – 17:30	09:00 – 17:30	09:00 – 12:30	Closed
P36	F C Whelan Ltd	F C Whelan Chemists	72 John Street	Workington	CA14 3BT	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 – 12:30	Closed
P42	James Howard Sandham	J H Sandham Chemist	64-66 Harrington Road	Workington	CA14 3EF	09:00 – 18:00	09:00 – 18:00	09:00 – 18:00	09:00 – 18:00	09:00 – 18:00	09:00 – 13:00	Closed
P43	James Howard Sandham	W Gourlay Pharmacy	25-27 Oxford Street	Workington	CA14 2AL	09:00 – 18:00	09:00 – 18:00	09:00 – 18:00	09:00 – 18:00	09:00 – 18:00	09:00 – 13:00	Closed
P48	Saeed Limited	Moorclose Pharmacy	Unit 6 Moorclose Roundabout, 138 Westfield Drive	Workington	CA14 3RW	09:00–18:00	09:00–18:00	09:00–18:00	09:00–18:00	09:00–18:00	09:00–18:00	09:00–13:00
P55	Tuschem Limited	Tuschem Ltd	Workington Community Hospital, Park Lane	Workington	CA14 2RW	09:00 – 17:30	09:00 – 17:30	09:00 – 17:30	09:00 – 17:30	09:00 – 17:30	Closed	Closed

Appendix 8: Travel Time Maps



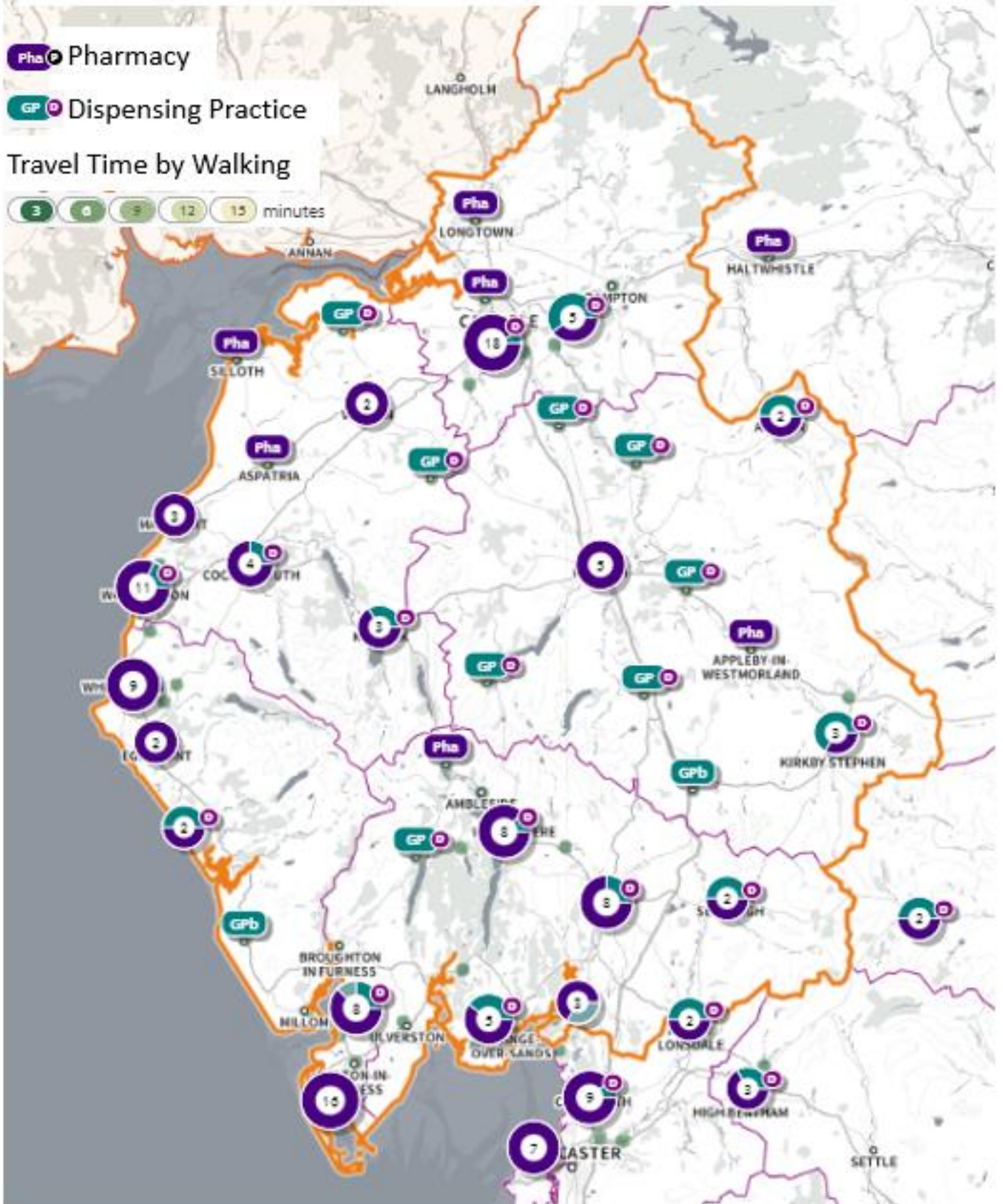
Cumbria (with 10k buffer): Pharmacy & Dispensing Practice Walking Times

Pha Pharmacy

GP Dispensing Practice

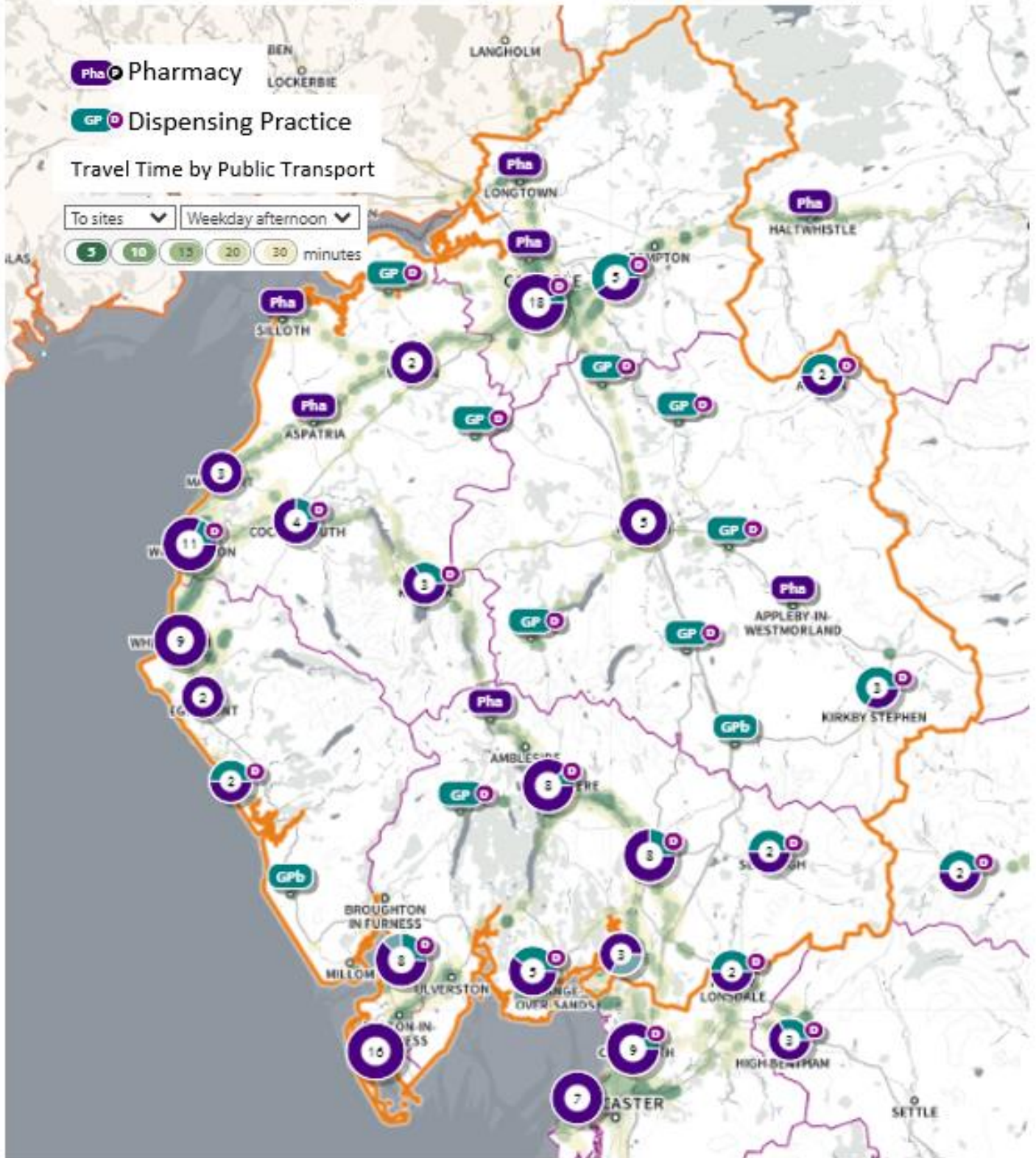
Travel Time by Walking

3 6 9 12 15 minutes



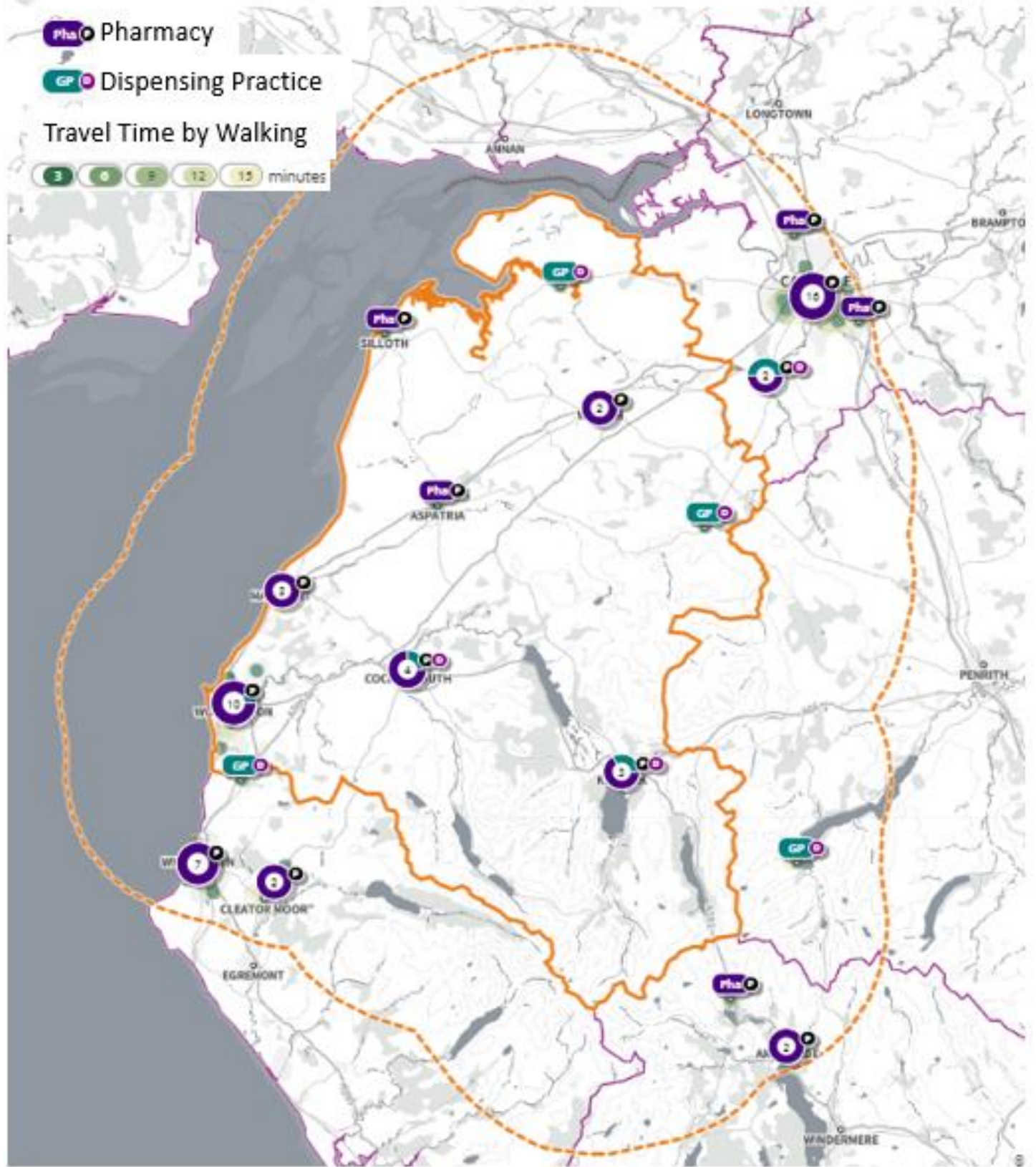
Appendix 8: Travel Time Maps

Cumbria (with 10k buffer): Pharmacy & Dispensing Practice Public Transport Times



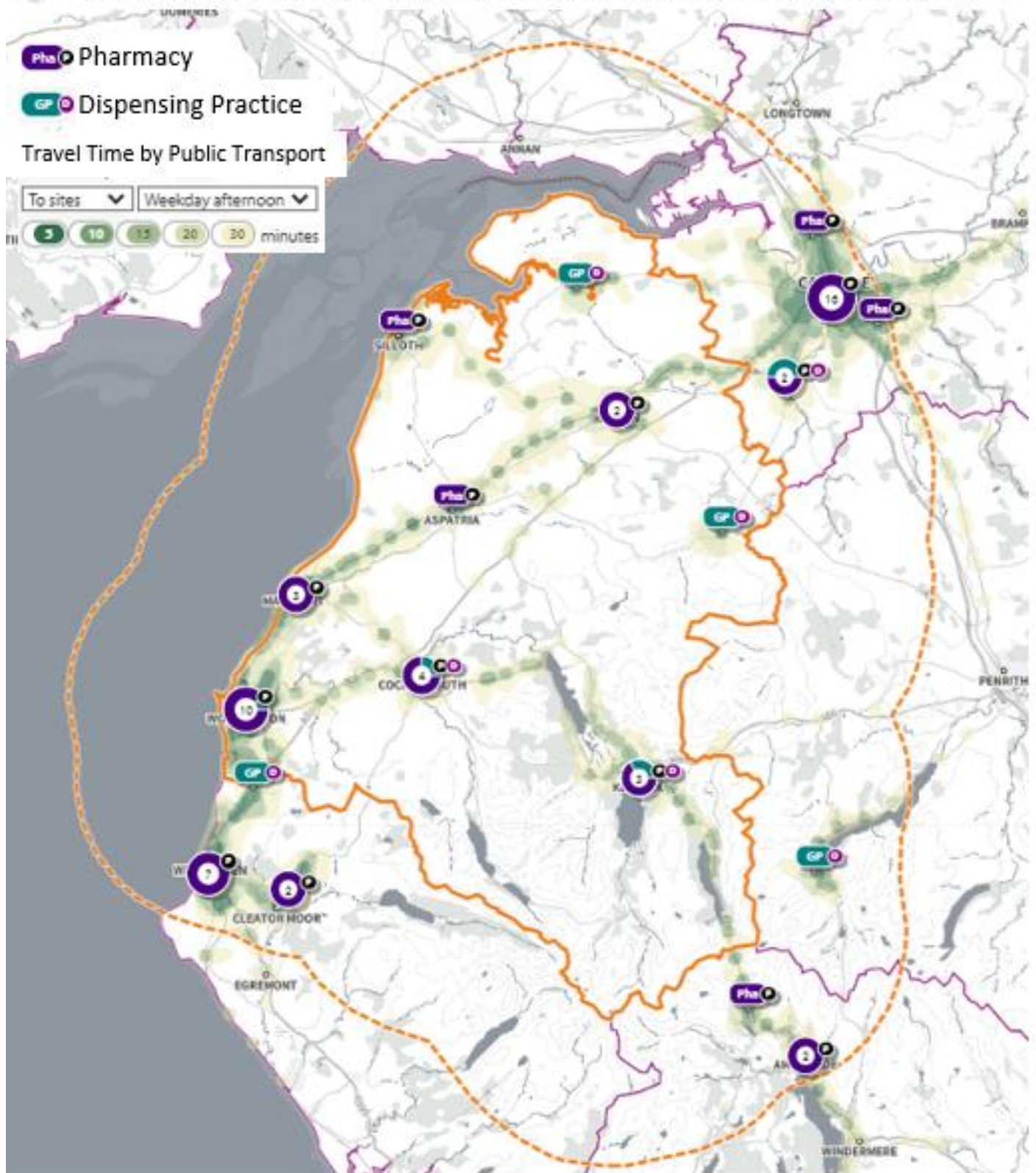
Appendix 8: Travel Time Maps

Allerdale (with 10k buffer): Pharmacy & Dispensing Practice Walking Times

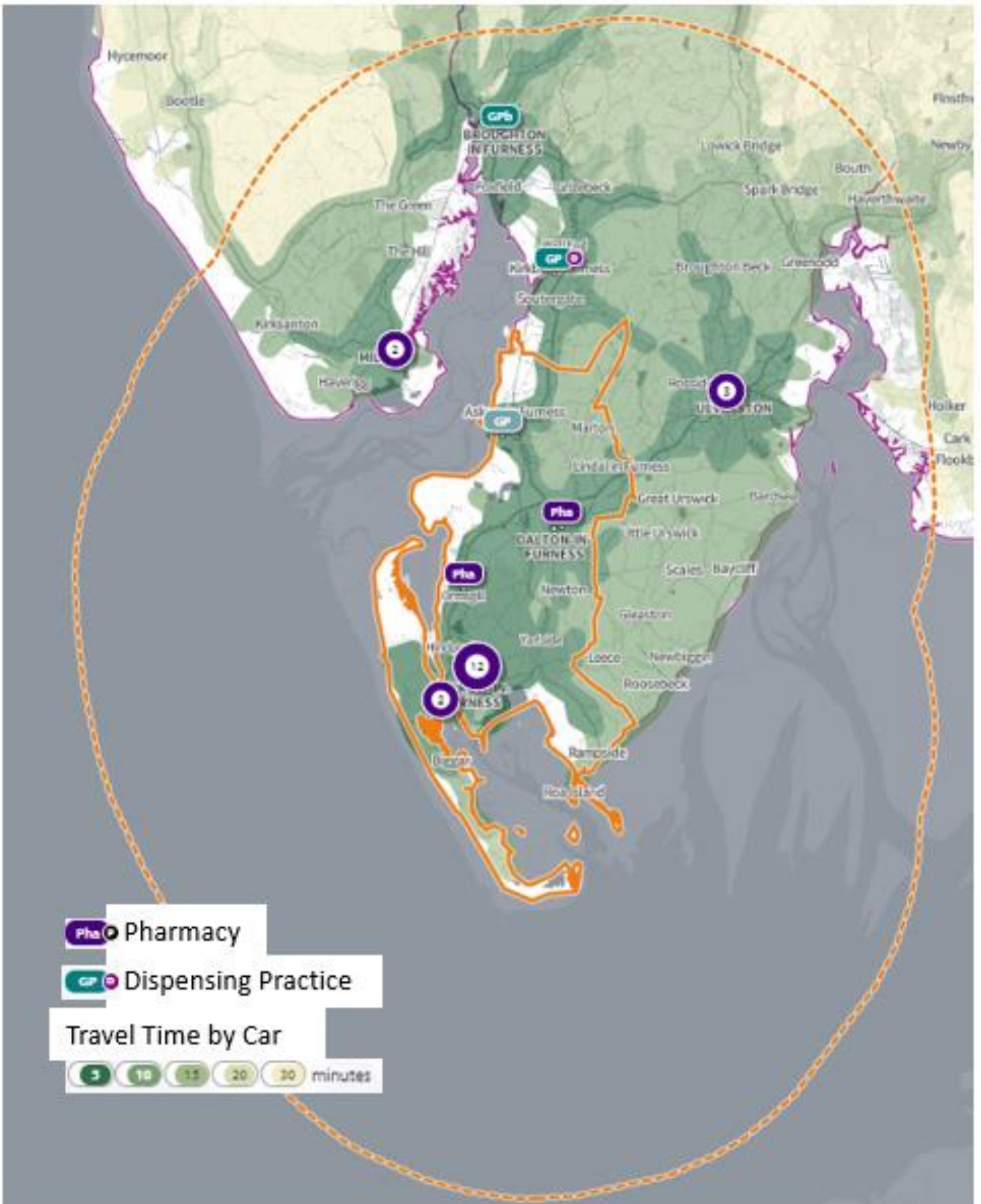


Appendix 8: Travel Time Maps

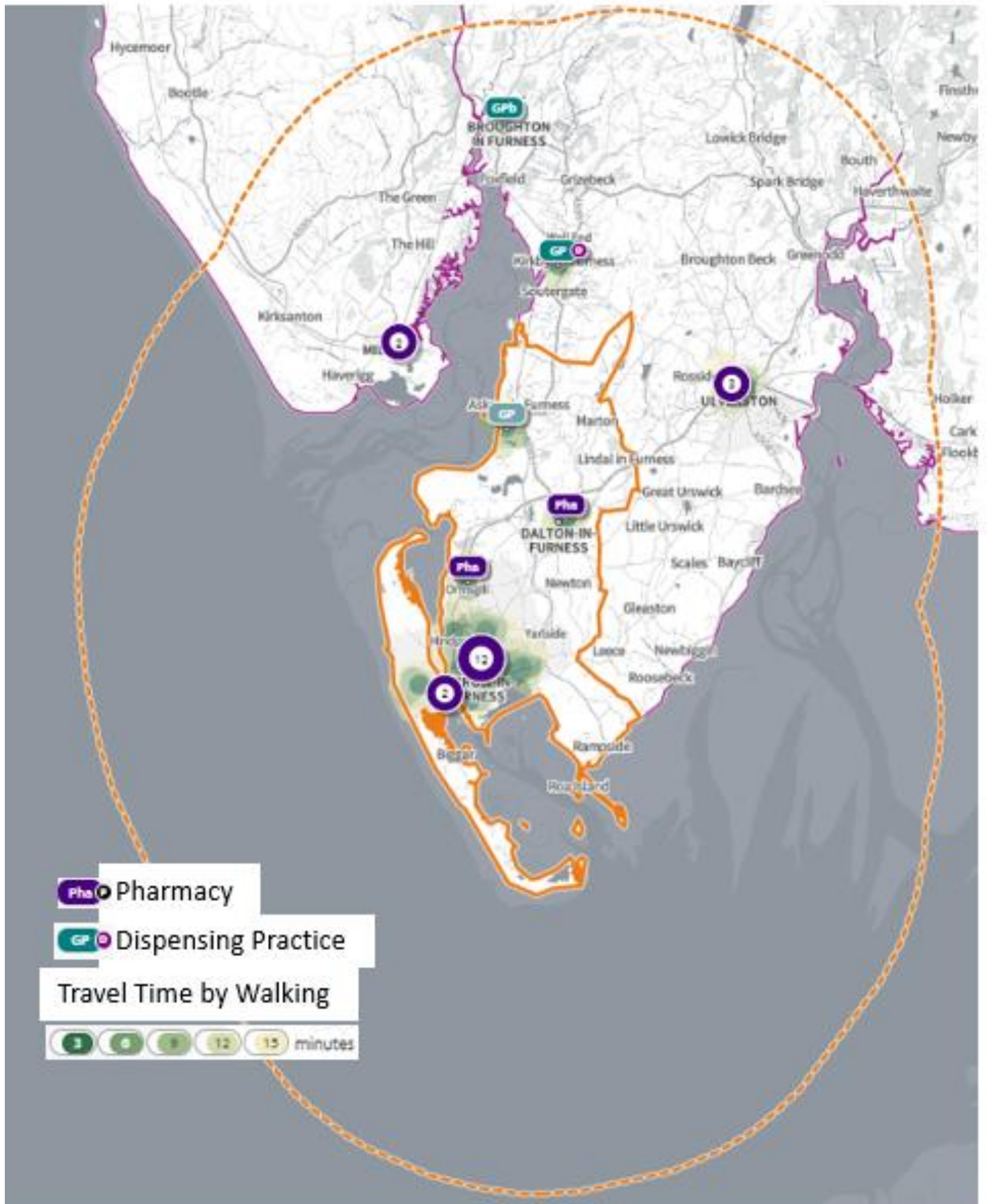
Allerdale (with 10k buffer): Pharmacy & Dispensing Practice Public Transport Times



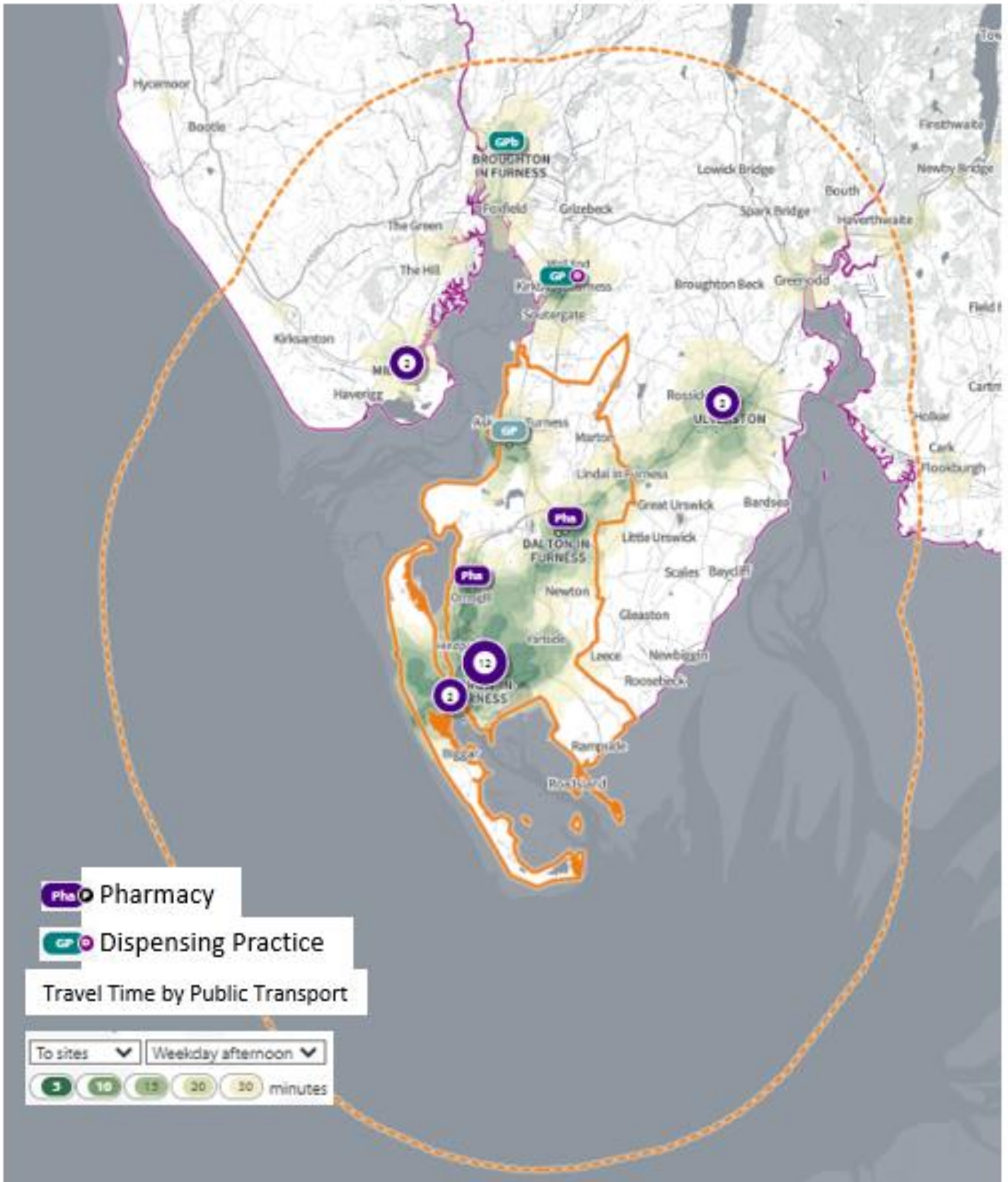
Barrow-in-Furness (with 10k buffer): Pharmacy & Dispensing Practice Drive Times



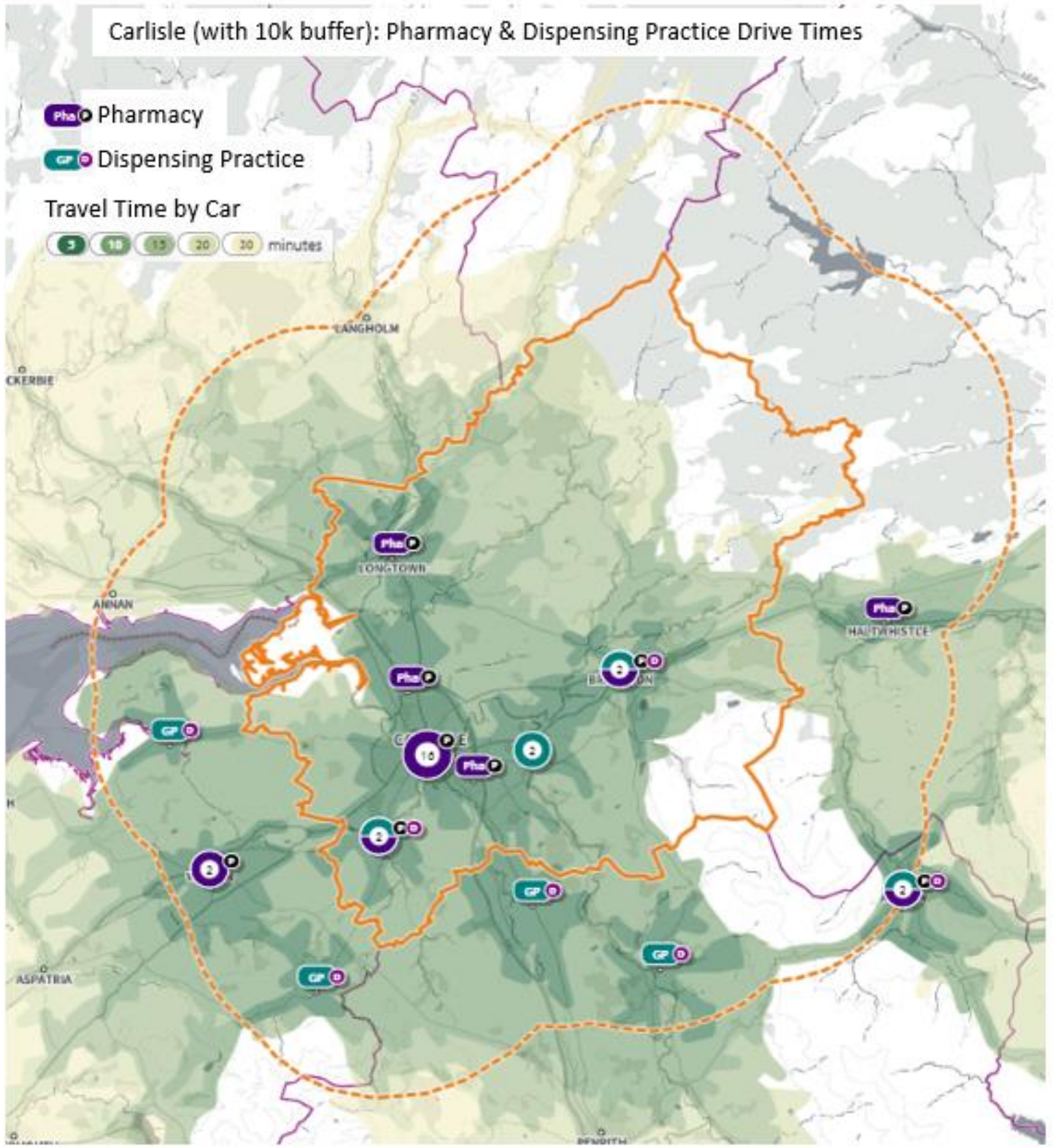
Barrow-in-Furness (with 10k buffer): Pharmacy & Dispensing Practice Walking Times



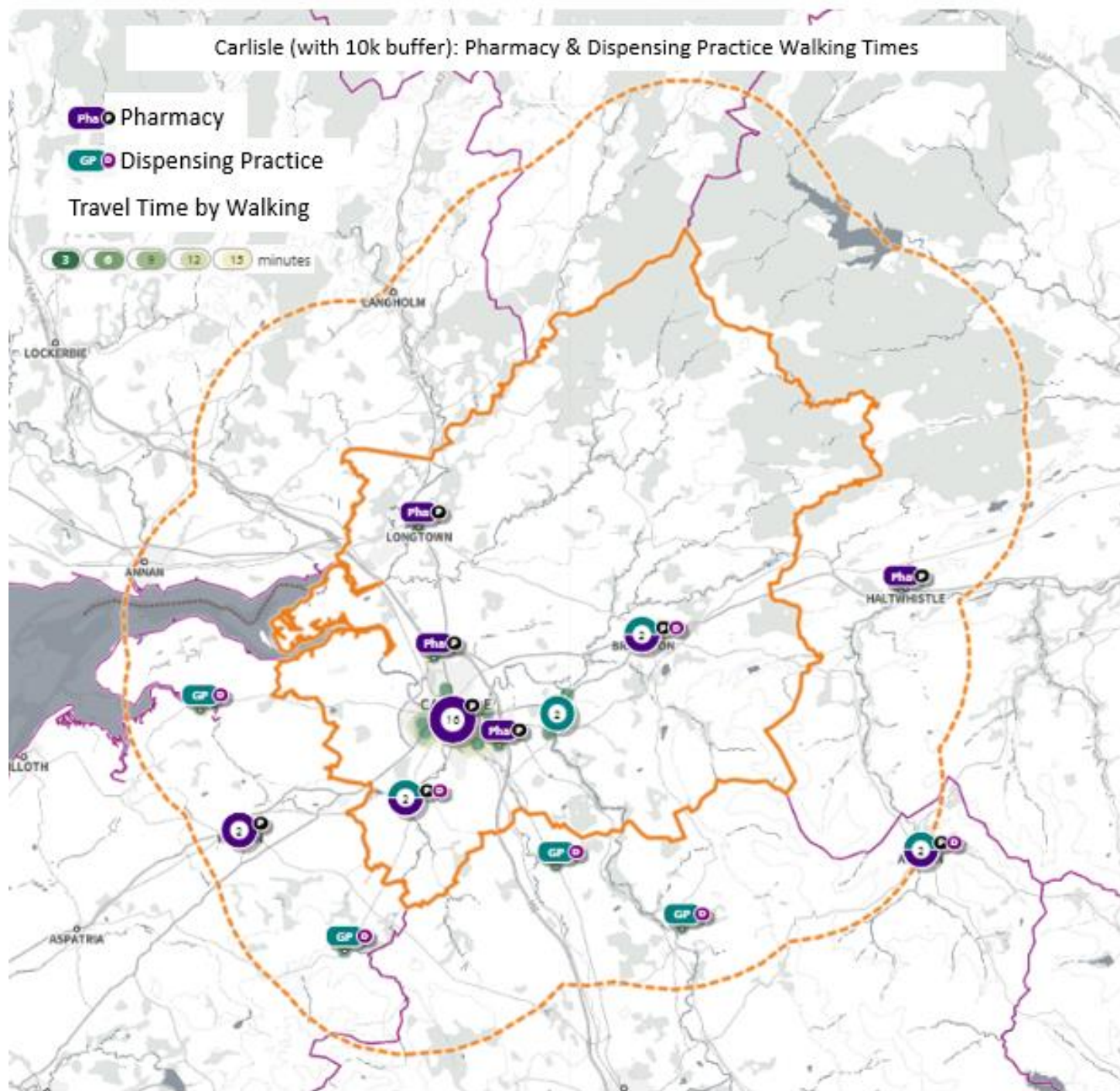
Barrow-in-Furness (with 10k buffer): Pharmacy & Dispensing Practice Public Transport Times



Appendix 8: Travel Time Maps

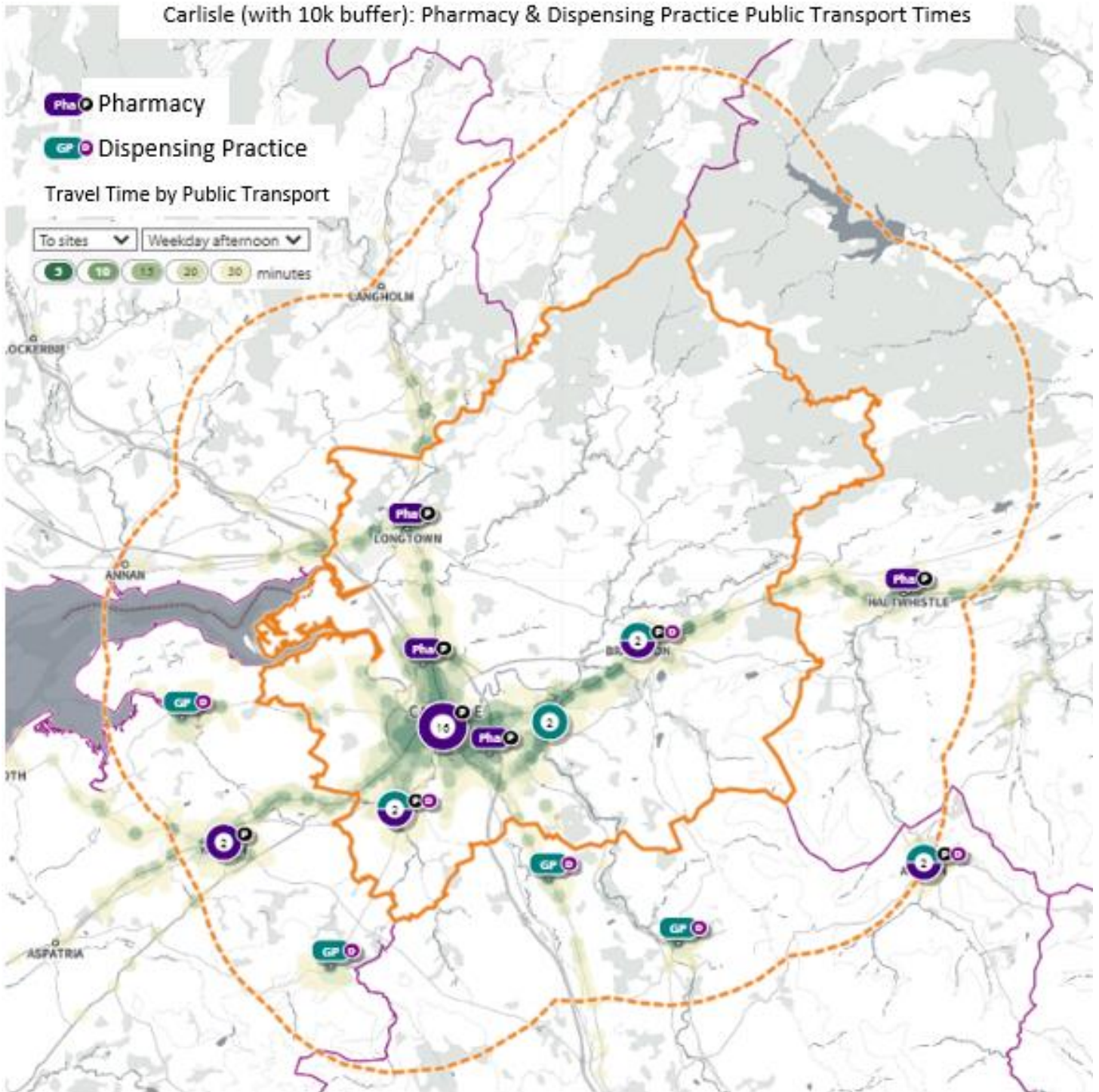


Appendix 8: Travel Time Maps

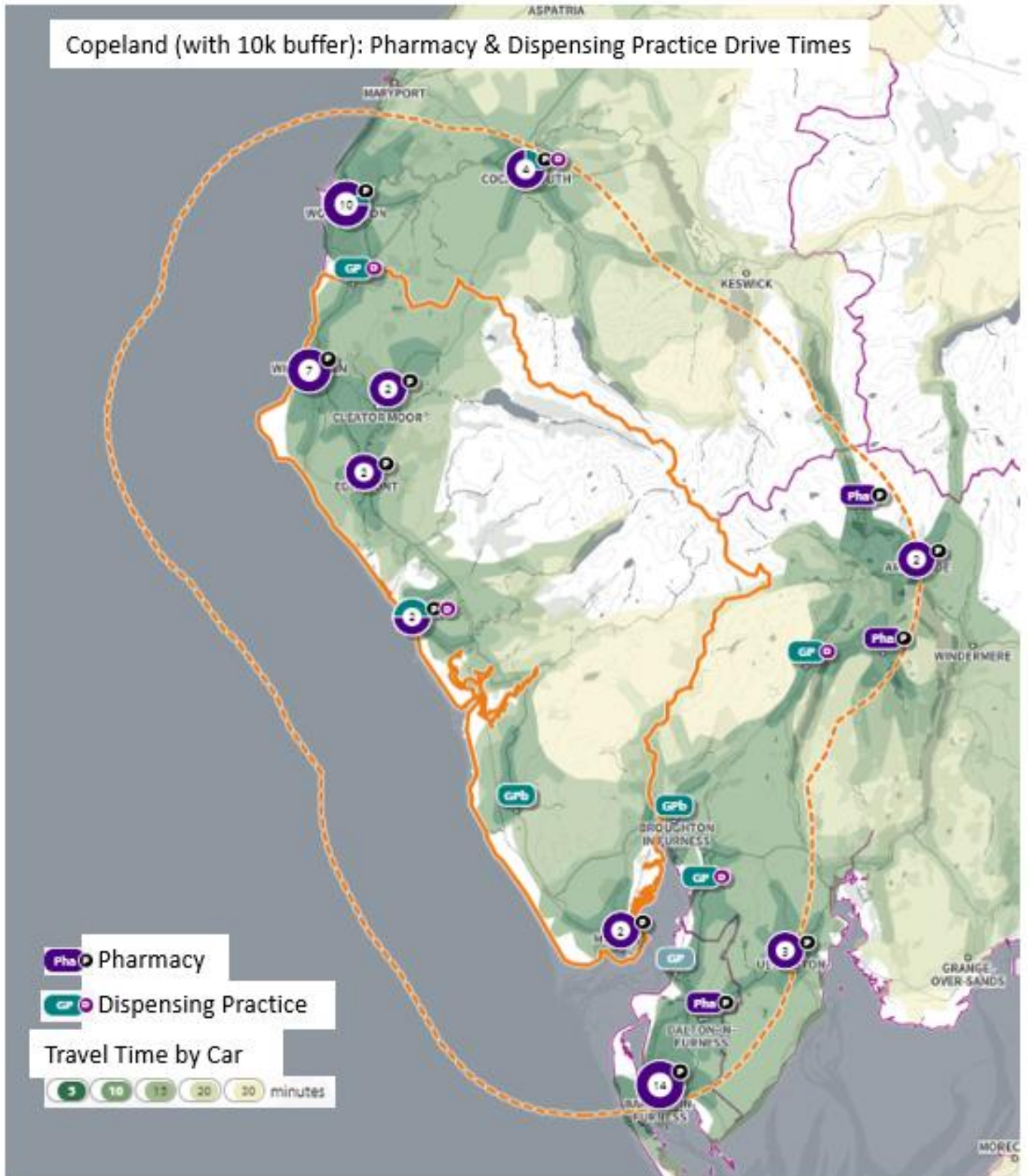


Appendix 8: Travel Time Maps

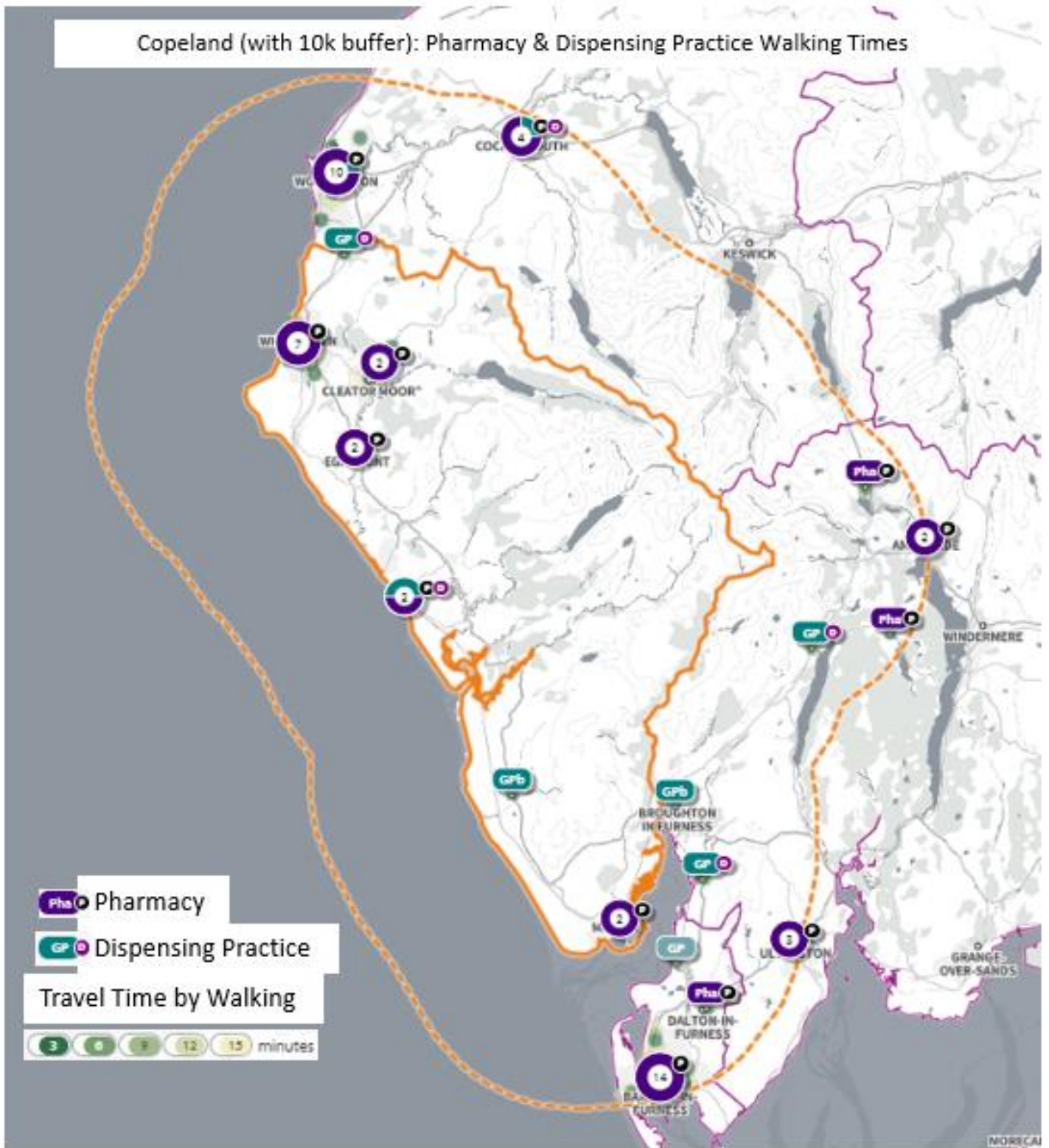
Carlisle (with 10k buffer): Pharmacy & Dispensing Practice Public Transport Times



Appendix 8: Travel Time Maps

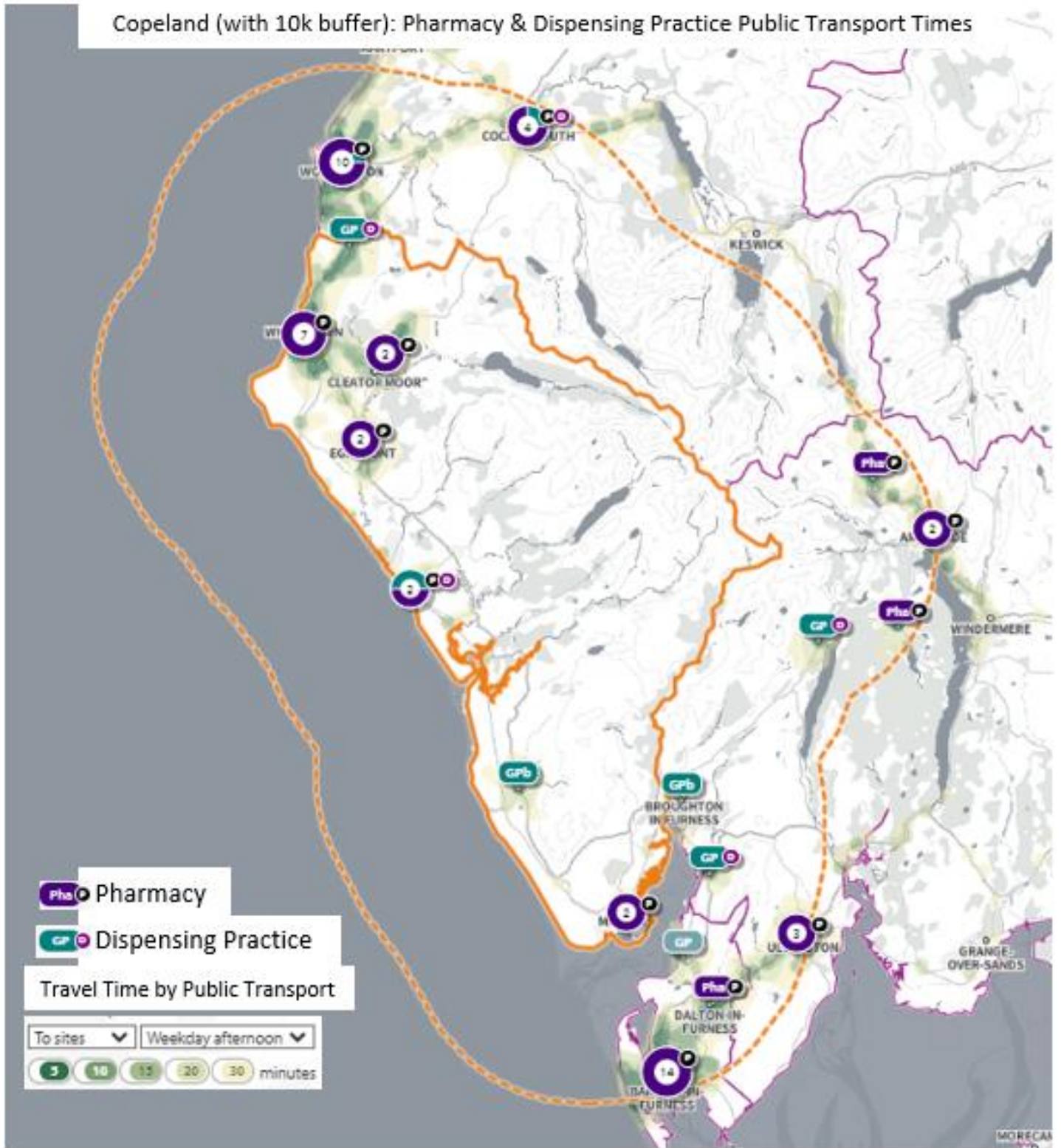


Appendix 8: Travel Time Maps

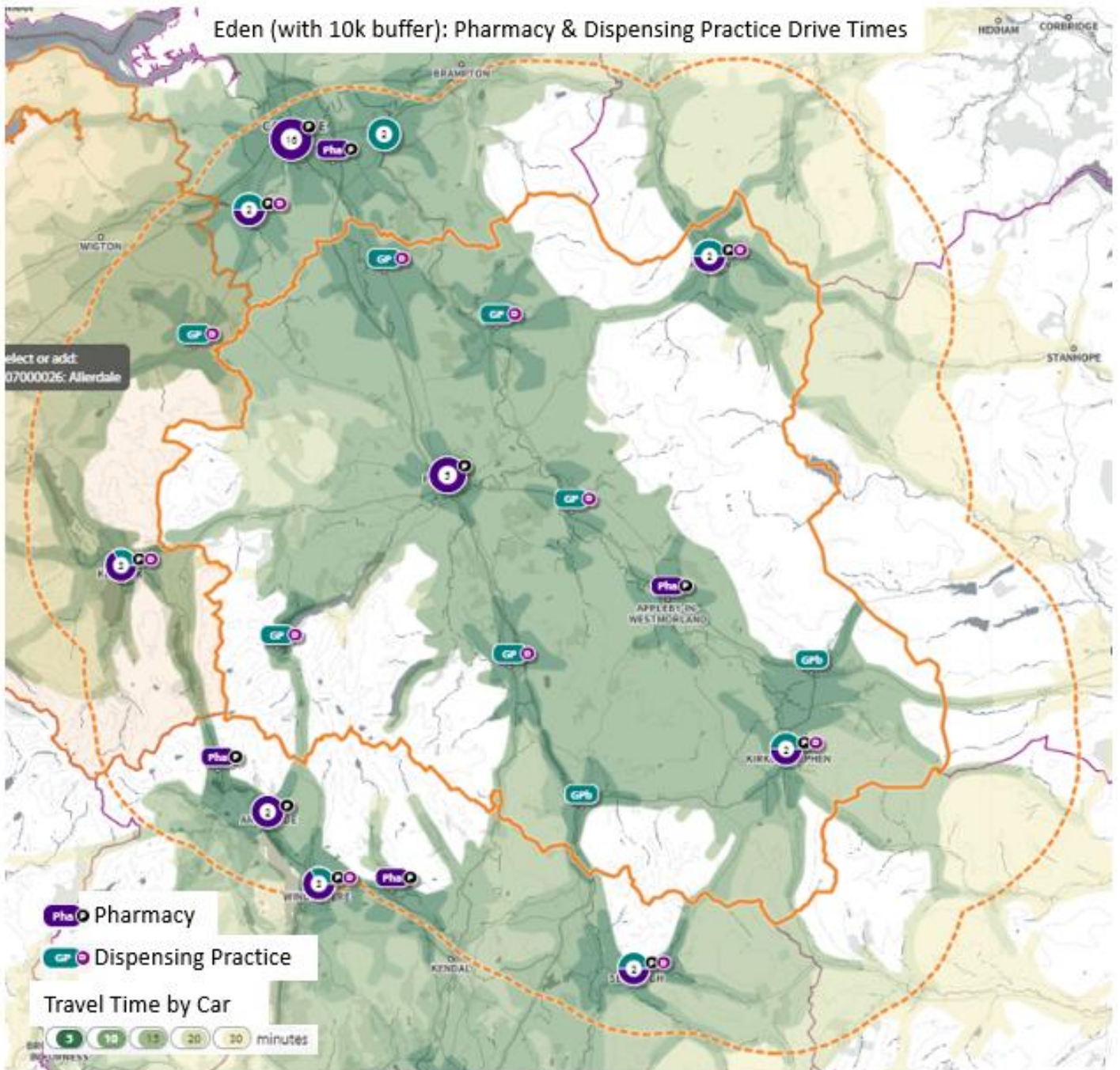


Appendix 8: Travel Time Maps

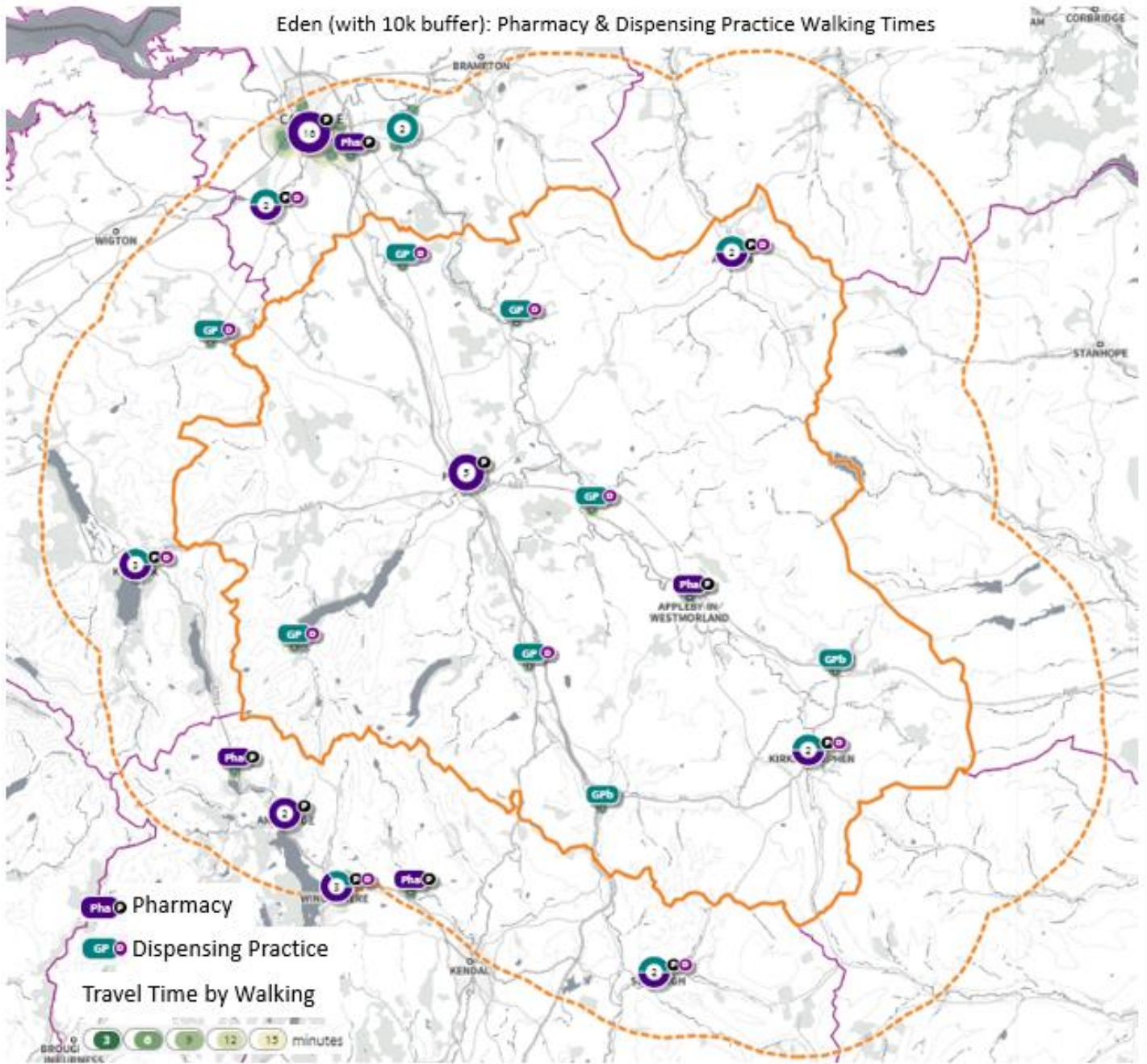
Copeland (with 10k buffer): Pharmacy & Dispensing Practice Public Transport Times



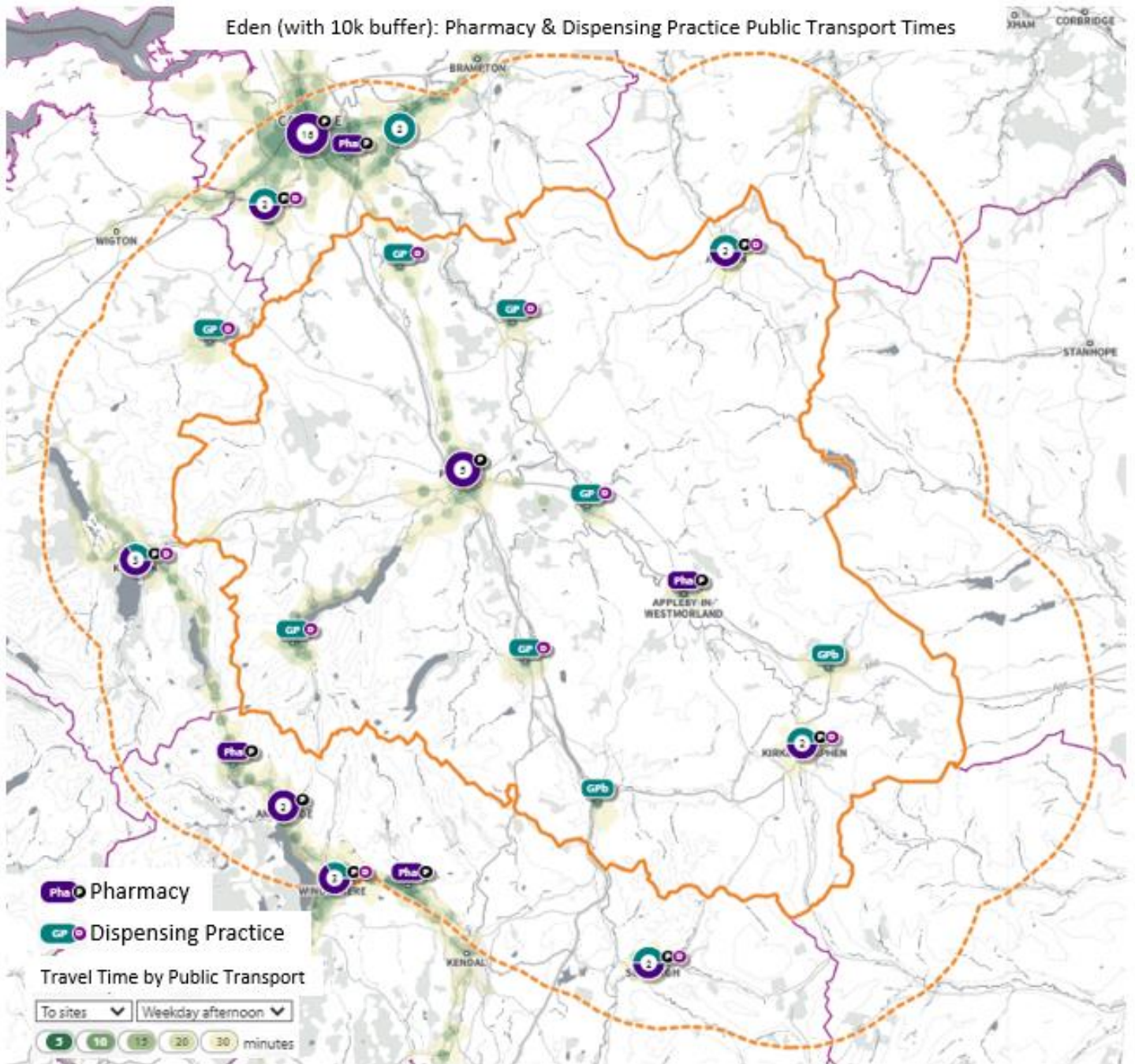
Appendix 8: Travel Time Maps



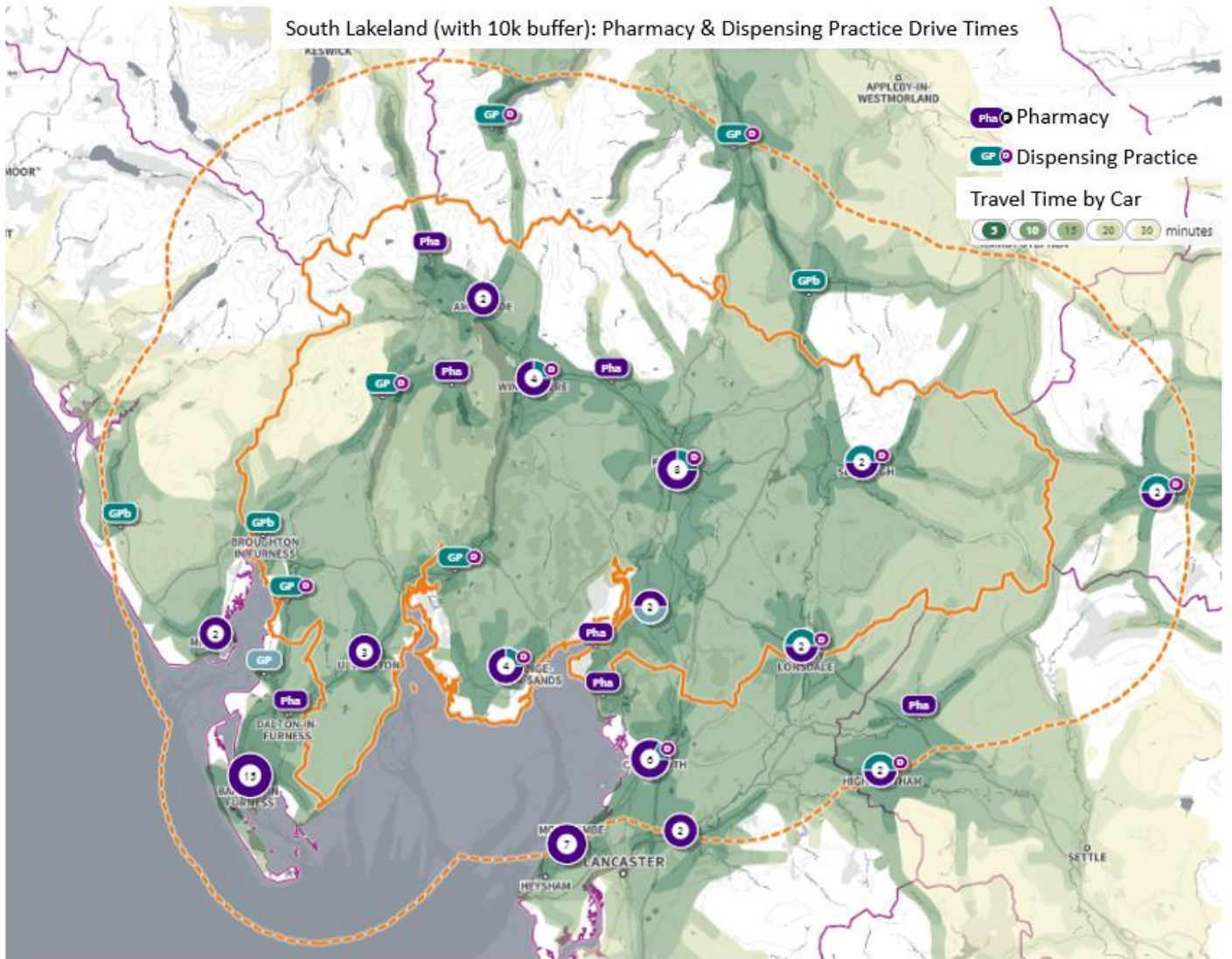
Appendix 8: Travel Time Maps



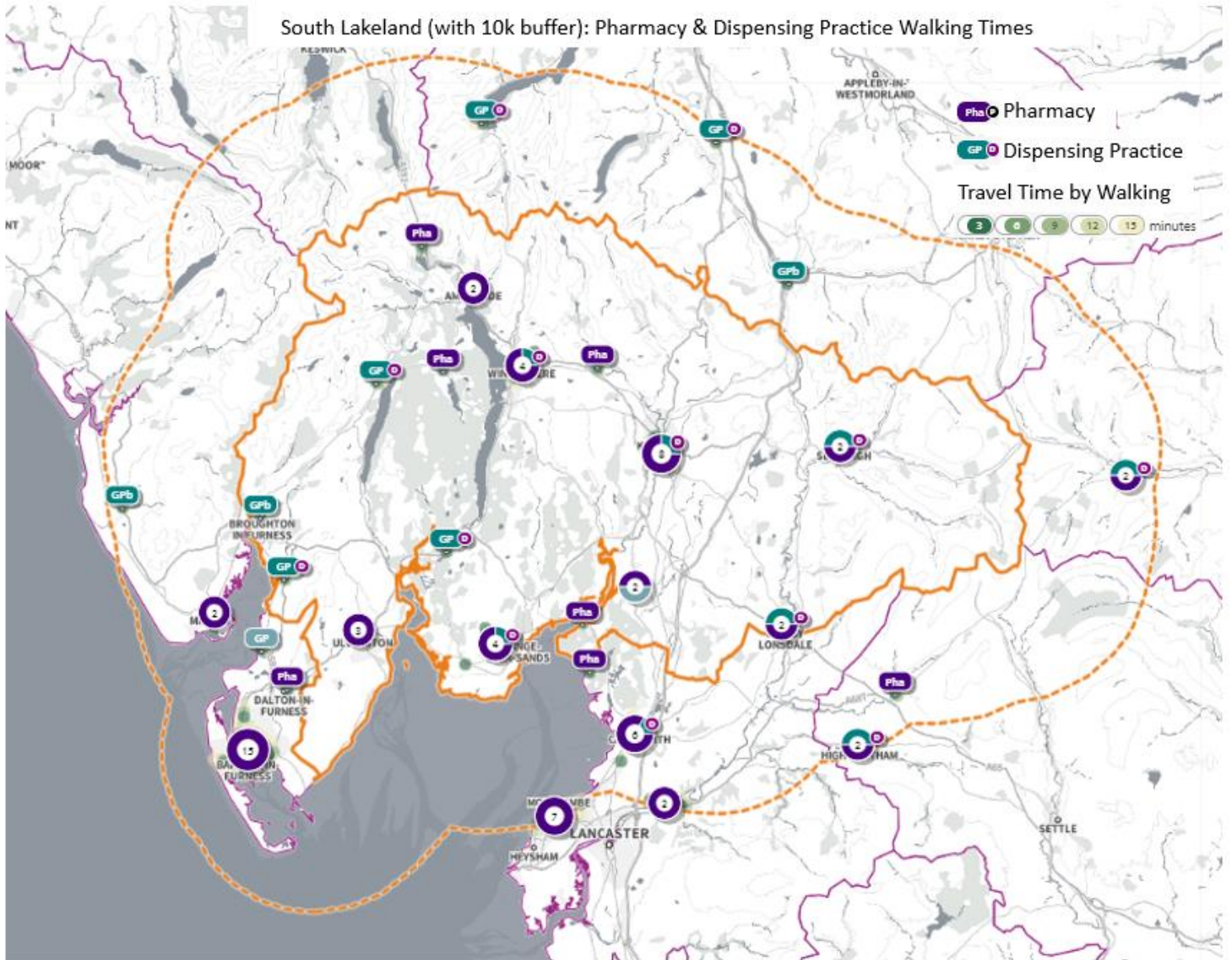
Appendix 8: Travel Time Maps



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